



HEALING WITH HORSES FOUNDATION



ANNUAL REPORT

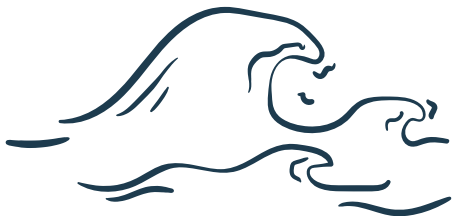
AUGUST 29TH 2022 - AUGUST 29TH 2023

MISSION STATEMENT

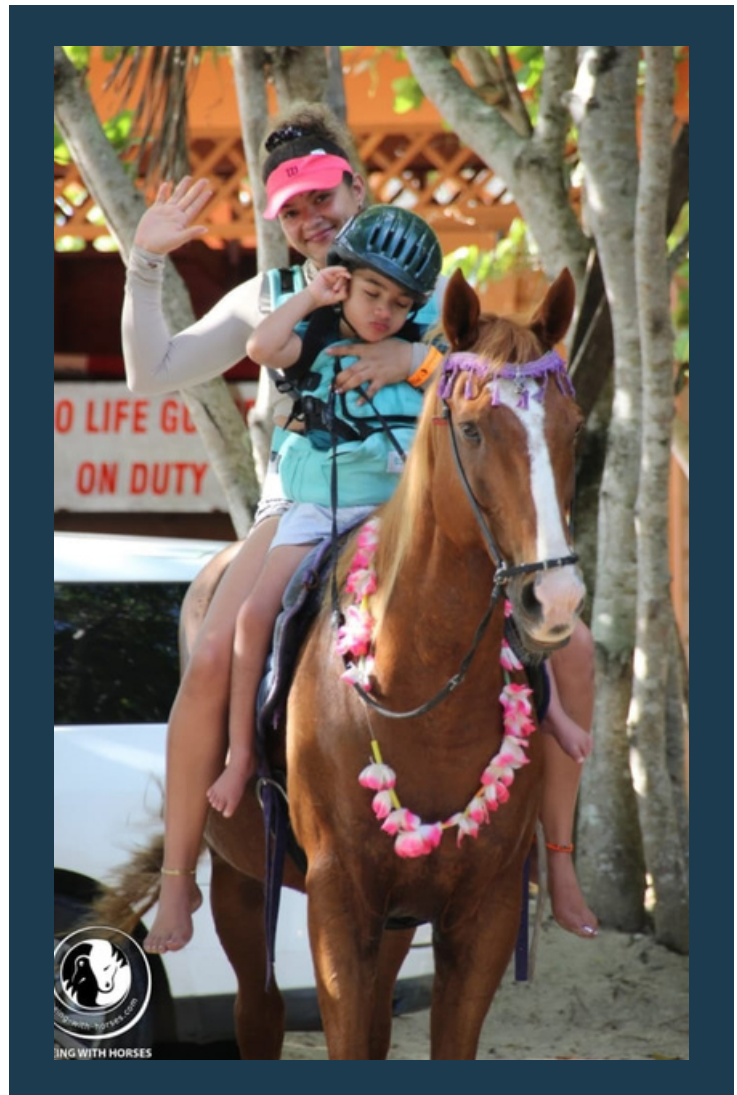
"Creating an integrated, inspiring, and safe space in which specially abled children, adults and animals are empowered to realize their full potential through therapeutic interactions with Nature."

VISION STATEMENT

"A **H**armonious **W**ave of **H**ealing for all"



Please feel free to message
our WhatsApp:
+ 1 (868) 305-2000



Email: support@healing-with-horses.org Website:

www.healing-with-horses.org

Tel: +1-868-639-0953 / 1-868-307-3425

Address: #14 Galla Trace, Buccoo, Tobago

BACKGROUND

Healing with Horses was created in 2010 as a non-profit organization, realized from a dream by its Founder and Director, Mrs. Veronika Johanna Danzer-LaFortune. With one horse rescued from the rain forest and a heart filled with love and faith, Mrs. Danzer-LaFortune and her husband, Mr. Lennon LaFortune created a place where children of different backgrounds, nationalities and varied physical and mental abilities are engaged and enjoy therapy and creative engagement. Our weekly sessions include therapeutic play in our Magical Playground, music, drumming, nature walks, gardening, art and craft, animal care in general and the exceptional experience of Being with Horses. Our healthy herd of twelve horses and one pony (most of them rescued or donated), gives everyone a way to experience a strong sense of bonding and affection, along with the physical benefits of strengthening their core muscles and improving balance through ENT (Equine Nature Therapy). Each child is offered the opportunity to be, ride, groom, and commune with these gentle, noble animals. The children are guided by teachers and volunteers and are encouraged to be creative and expressive, enjoying the outdoors, surrounded by nature and the sea. While enjoying these unique sessions, the children gain new insight, self-esteem, realize unknown talents and share this joy with their friends as they come together to discover the Love and Magic of Healing with Horses.



Sketches by
Jackie Hinkson

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PRINCIPLES OF BEING AND HEALING WITH HORSES

- 1) The equines live in an open stable with lots of paddock space where they can commune and socialize with the other herd members.
- 2) We look to Mother Nature for the best example. We encourage the natural way of living for the horses and ponies. They are surrounded by trees, a great view, and fresh breeze.
- 3) They have 24-hour access to fresh clean water, grass or hay, and their family members close by to play and interact freely.
- 4) Happy Horses have Happy Riders. Priority Number One is the balance and the wellbeing of the herd. We check their wellbeing, just like we take care of our own. They need to be comfortable and content.
- 5) Each equine is freely welcomed in our space. It is their choice to come out and meet their Human Team partner. We Humans are requesting permission from the Equines.
- 6) We honor and thank them each moment they choose to share their space with us.
- 7) The horses choose their right team partner. They feel our presence and look into our heart & soul.
- 8) Each individual four-legged friend is appreciated for who they are. Some of the horses are slower, some of them are spirited, some of them are leaders, and some of them are followers.





9) Each herd member has their own mind, therefore we learn how to read their body language and their different sound-expressions.

10) We encourage everyone to put themselves in the animal's place and treat them as you love to be treated.

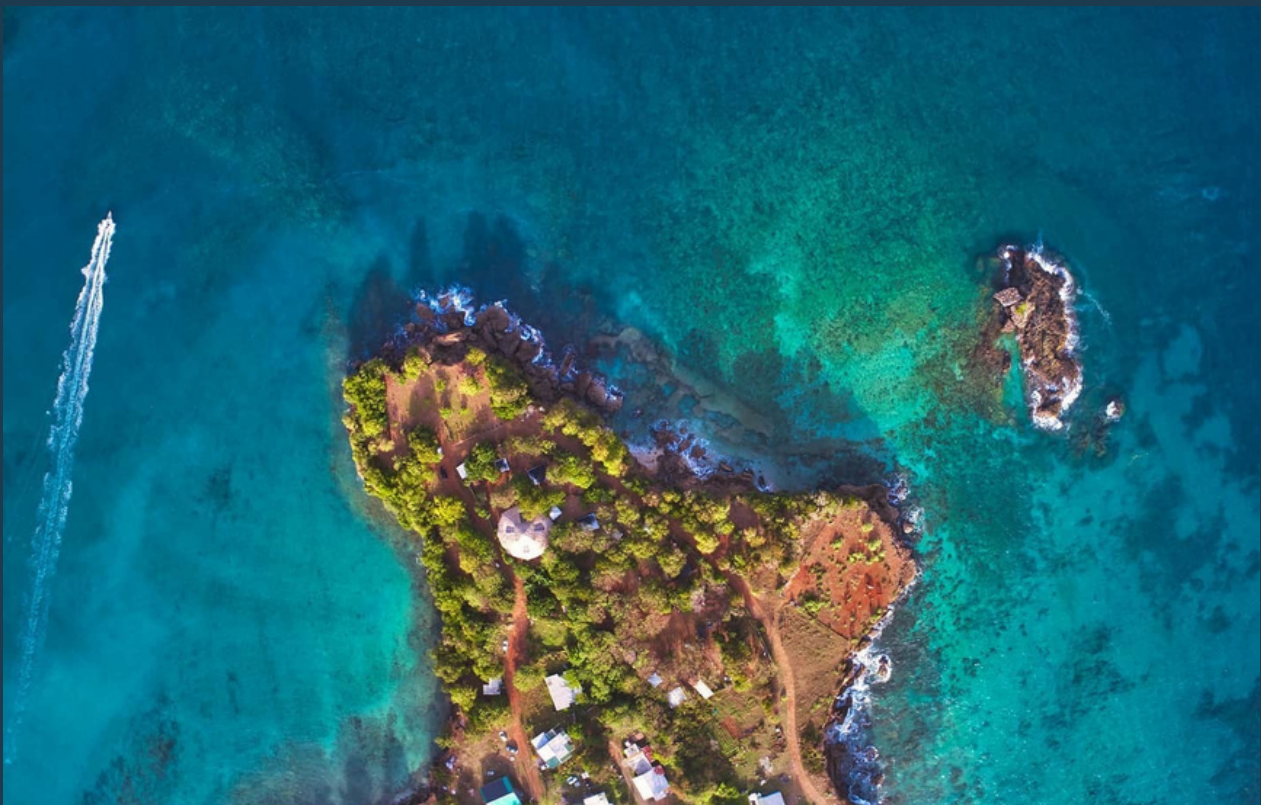
11) We work bit-less and bridle-less (no metal bits in the horses' mouths).

12) "Horses do not Judge: They accept us as we are. They love unconditionally."

13) We keep in mind: God made horses and ponies to be just horses and ponies – not to be ridden. We are therefore tremendously grateful for every moment they are willing to work with us.

14) There is no need to control our team partner. They share their passion with us and truly enjoy what they are doing. A GENTLE HAND IS THE KEY. Open your palm and receive their love.

15) The Equines are our greatest Teachers. Horses carry the wisdom of Healing in their hearts and offer it to any human who possesses the humility to listen.



BOARD OF DIRECTORS

Veronika Danzer-La Fortune



Founder | Director
Equine Therapist

Lennon La Fortune



Founder | Director
Equine Therapist

Dr. Leah Pouchet

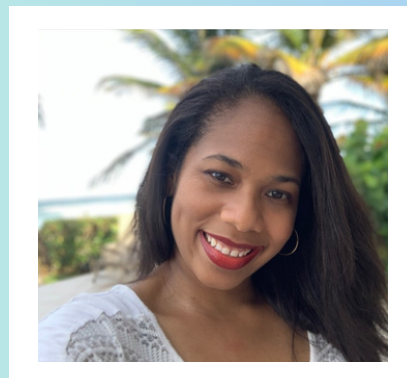


Veterinarian | Director

Kriston Hackett



Pilot | Director



Thanking Sarah Villain: Administrator of "The Love+ Magic Centre."

STAFF



Sarah Villain
Administrator
Writer



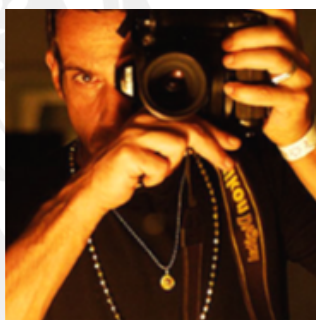
Jayon Brathwaite
Special Needs Park
Attendant



Kiel Alleyne
Special Needs Park
Attendant



Nathan Cumberbatch
Park Attende
(short term)



Bernard Rossmann
Webdesign
Webmaster



Diana Lammerts
Content Creator
www.retreatswithhorses.com



Emma Knott
ENT Trainee
(student since 2009)



**Florencia Benjamin
Solomon**
HWH Custodian



Nickson Rougier
Office Assistant



J'von Nunez
Security

SUPPORTERS



**Martina
Munzinger**

International Volunteer
Coordinator



Usha Persaud



Wendy Yawching



Junior Transport



Dr. Caroline Alexis



Claudia Barton



Simone Ferreira
Massage Therapist



Shari Kylie Balkaran
Special Event Decorator



Andrew Scarlett
Mobile x-ray service



Jeanine Lethe Crouch
Art Therapist



Kailey 'Kyle' Chookolingo
Supporter / Volunteer /
tour guide for interns and externs



Elsbeth Duncan

Adam von Wallenberg
Adanna Toney
Alia Joseph
Aliyah Urquhart
Amara Farfan
Amarah Urquhart
Andrea Borges
Andre Walker
Anya McDougall
Bernhard Rossmann
Brunella Falco
Caitlin Yarna
Carlotta Poeschel
Carmen Danzer
Chelsea Low
Christine Benoit
Christine Chang
Daniela Louis
Darius Dumas
Elieth Davis
Emanja Alleyne
Emma Knott
Gabriella Mills
Gennike Mayers
Gloria von Wallenberg
Hannah Rose
Heema Persad
Helene von Wallenberg
Jade Feniet
Jahiem Nedd
Jayon Brathwaite
Jaziel Sammy
Jeanine Crouch
Jennifer Mohammed
Jessica Daniel
Jewel Arnold
Josh Low
Jvon Nunez

Thank
you!

OUR
VOLUNTEERS



Kai-Alexi Shaw
Keil Alleyne
Kwame Gordon
Leonie Getzlall
Lesley-Ann C Tyson
Linda Johannesson
Lou Koberle
Madison Ramsawar
Maria Allsopp-Cumberbatch
Marie Cumberbatch
Mario Fuller
Martina Munzinger
Maryke Louise Koker
Nathan Cumberbatch
Nishila Williams
Nkosi Cato
Rachid Zeaher
Ria Pereira
Roniyah Santiago
Sarah Eckert
Sarah-Jude Espinet
Susanne Hirschmann & Jasper
Waheeda Mollar-Chadee
Zaynab Diab

Testimonies



Carlotta Roschel



Four weeks is a long time to be away from home, but it is a short time to be in Tobago. Nevertheless it seemed the perfect compromise. I wanted to go out into the world and at the same time learn something about horses. I only found the Healing With Horses Foundation when I looked for horse places in the Caribbean and was sure: this is a place where I will find as much inspiration as sunshine and the sea.

My trip was very spontaneous, so I didn't have a much time to do a lot of research about the place in advance. That meant I had to find out when I arrived. New Moon in April marked the beginning of my time and the first week was much about finding my position in the system and understanding the work flow. What I have learned from that was to step into my power of being self responsible. I'm a 23 year old woman who has completed a study degree in social work, is self employed in equine assisted Coaching and already has a lot of experience in bridging the encounter of humans and horses to bring out the magic and healing power which is inherent in this partnership. I was challenged to understand that I am capable of not only helping with basic, simple tasks but to take responsibility, too, and (co-)create this place with my energy.

During the sessions I learned about the importance of our inner state. Sending our equine partners love and gratitude for their cooperation is as important as feeling light and happy myself. My biggest challenge was to see the horses as individuals with an independent, free will and individual needs and at the same time ask them to work with me when clients are there and have certain expectations. This conflict field is one I have often bypassed by simply not asking any (physical) work of the horses I worked with in the past. But how to pay the bills for their keep and how to offer an experience like being carried by a horse, when not having certain expectations on the horse? Those are questions I have asked myself countless times. And the only way really to find answers is to have experiences. In each and every interaction with the horses in preparation, during or after an encounter with a client I found answers so subtle and complex, that it is difficult to put them into words. It takes more than one of those experiences for me, until they start adding up to a picture that will eventually unfold into an understanding, I to an answer. A balance of giving and taking, earning someone's trust first before starting to ask and considering a person's joy as a reward for the horse are some of the wisdom pieces I got from the moments I witnessed with horses and humans in the last month.

As the moon cycle has completed for this time, I leave Buccoo, the horses and the humans of Being and Healing with Horses with inspiration on how to handle/ communicate with horses (i.e. leading them with a hand on their neck), on how to hold and create a space for horse-human encounter and experiences (i.e. setting up a colorful, scenery that brings everyone's mind closer to believing in the light and magic of life) and the love in my heart for many beautiful souls which I met there. This trip was meant to give me a sense of freedom and adventure, cleanse me of stuck energy and prepare me for my job in a foster home for children that I am going to take on when I come back home. It most certainly brought me all that I hope for and I am once more assured that animals and nature, horses in particular, are going to be part of my professional practice.

I stepped into the office of Healing With Horses in Buccoo for the first time in August 2019 when I moved to Tobago. I went with visitors from Germany who were keen to experience horseback riding in the tropics. While my friends went riding I stayed at the office with my blind puppy, Vision. One of HWH dogs, Happy Benjamin, took a special interest in Vision as if he knew she was special.

A few months later, I attended Zimbu's birthday party and returned home with Happy Benjamin, Vision's new playmate. There began our friendship.

Since then I've had the pleasure of celebrating many equine birthdays, including Jennifer's extra special birthday in 2022 and I've participated in many full moon bonfire nights. Likewise, I've gotten to know the humans who take care of the herd: the inspiring couple Veronika and Lennon La Fortune and the dedicated volunteers who enable Healing With Horses to do all that they do.

Being a friend of Healing With Horses has enabled me to learn about horses and humans. It has enriched my life and I am grateful to be able to support in any way possible.

Gennike Meyers CEO

"I met Veronika a few days after my arrival to T&T at our national day. Her enthusiasm and passion in describing her project and her invitation for a visit stood out. Due to the pandemic we traveled little. Colleagues told me about their great memories of riding and swimming with the horses. Finally I could see the place with my own eyes in February 2023. Veronika and her husband gave me an excellent tour and explained about HWH. Veronika had just received a recognition as an outstanding woman- an honor well deserved! My only regret is that I did not have enough time to actually swim with a horse. A wonderful reason to return in the future! All the best HWH. Continue the good work!"



-ute König,
German Diplomat,
Ambassador in POS
from 2019-2023



"The Healing with Horses Foundation continues to make an invaluable contribution to the youth of Trinidad and Tobago. I can safely say that they continue to provide young people from all walks of life, with the unique opportunity to heal through being with horses whilst in a natural environment. It's a magical place that allows children to just be children. To play, learn and experience a sense of belongingness."

-Leslie Ann Tyson

Clinical Psychologist and Field Traumatologist Volunteer at HWH



“Healing with Horses efforts in healing and therapy have touched the lives of many, providing solace, joy, and therapeutic benefits. At the heart of this remarkable initiative are Veronika, Lennon, and their dedicated team.

Our daughters, Justynne and Jaimie, two horse enthusiasts, have found a special connection with the horses in Tobago. Their love for these magnificent animals has led them to volunteer at the stables, where they eagerly assist with various tasks such as mucking out and offering riders breathtaking beach and sea rides. Additionally, they actively participate in events like the vibrant Heritage Festival and Easter Parade and work with differently-abled individuals, ensuring that everyone can experience the transformative power of horse-riding.

The impact of this work is profound. The horses not only provide a sense of freedom and excitement to riders but also offer therapeutic benefits that are truly remarkable. The bond formed between horse and human becomes a source of emotional healing, self-discovery, and personal growth.

Veronika, Lennon, and their team deserve much appreciation for their unwavering dedication and the positive change they bring to countless lives. Through their passion for horses, riding, and volunteering, Justynne and Jaimie have found a meaningful purpose in supporting this incredible cause. Together, they create an environment where the magic of horses can transform lives and bring immeasurable joy to all who encounter them.”

Clive & Inga Fletcher



As the founder of Tower Of Power Movement & CEO of Jkash Leadership and Learning Academy — we continue to bring transformation through our leadership and core values in service to the children, youth, families and organizations in Trinidad & Tobago!

We were pleased to partner with Healing With Horses earlier this year through our Elite MindSETS Series: Women In Leadership. It featured Veronika La Fortune, as one of the most influential female entrepreneurs on the island of Tobago.

Through this partnership we were able to share the Healing With Horses message to thousands globally in a virtual environment, as HWH continues to bring joy and hope to underserved and special needs youth and adults.

-Khadija Ali Samhoul-Harris

My name is Mariessa Newallo . I am the co-owner of a health and wellness company called Limitless Living where we create exclusive experiences for people to recharge and enjoy the beautiful natural environment of Trinidad and Tobago. Of course!

Before moving to Tobago I was always so captivated by the videos of the majestic horses on the beach. When I moved here I knew that I had to somehow connect with the Healing with Horses Foundation. My first encounter was in December 2021 at their Christmas Extravaganza where Azariah and Malachi got to meet the horses and have their first rides. I also had the pleasure to meet Veronika there who enthusiastically did some amazing face painting for the kids. Her vibrant spirit always stood out in my mind. Since then, my family and I have attended many of the events and beach cleanups. Azariah and Malachi also got to have a beautiful safe space to start their own juice bar at the monthly bonfires. The Magical Park is one of our favorite places in the planet and I'm so grateful to have had the opportunity to be a part of such a wonderful, progressive community.

I'm also a mother to two amazing children, Azariah and Malachi who spend their days with my partner Nathan and I outdoors, connected to nature and learning through life. We have been living in Tobago for the past 2 years and it has been a life changing experience meeting amazing, like minded people and living the healthiest life ever! 😊

-Mariessa Newallo

The Healing with Horses Foundation has a special place in my heart and my family's life. We were introduced to the Healing with Horses Foundation through their Summer Camps over a decade ago, which both boys attended, and it was at one of the Camps that we were enlightened that our eldest son was on the Autism Spectrum.

From that time onwards, the Healing with Horses Foundation played an integral part of our children's development as we visited weekly to volunteer and engage in their Equine Nature Therapy. Veronica, Lennon, the beautiful Herd and visiting specialized volunteers all nurtured the boys with love, patience and guidance.

It has been rewarding to see the Healing with Horses Foundation grow, enabling them to create their beautiful space for their Equine Nature Therapy Park.

Whilst my boys have grown up and onwards, I have been able to continue to enjoy supporting the Healing with Horses Foundation through my association with The Joy of Living Resource Centre whose differently abled learners visit the Park on a weekly basis.

We are truly blessed to have the Healing with Horses Foundation in Tobago.

-Juliet Wong Chairwoman of the Joy of Learning Research Centre
and her sons Mathew and Edward

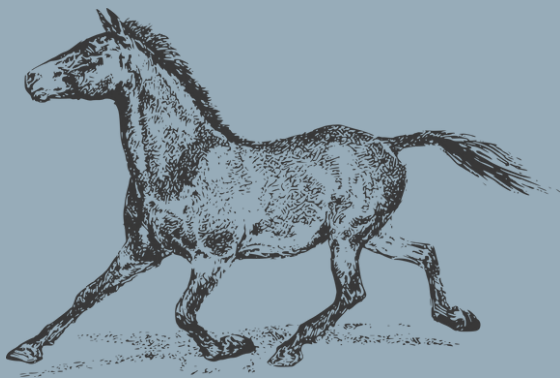


My name is B. Polly Seunarine-Singh and I am a Volunteer at the Healing with Horses Foundation at Buccoo, Tobago. When my daughter and I came Tobago from Trinidad in 2019, we loved going to Buccoo Beach, just to enjoy the beach, the sunsets and to not miss the magical scene of the horses walking the length of the beach on their way home. When my daughter went back Trinidad, I started going by myself to Buccoo beach to walk on evenings after work for health reasons and there felt like the most therapeutic place. The views and the horses felt like they were healing me. I always hailed out Veronika when she walked past going to meet the horses to take them home. Eventually she gave me her number in case I saw anything odd happening with the horses when they were walking out before she got there. I had reason to on more than one occasion when they seemed to be in difficulty. I felt like a part of their world and helping. When she mentioned she was looking for a position at the Healing with Horses foundation that needed to be filled, I told her I couldn't but will volunteer instead. I wanted to give back to the very thing that healed me. Being and Healing with Horses is exactly as the name suggests. And I swear they are all Fairies in that Foundation. Being a volunteer with this foundation has been a rewarding and fulfilling and wonderful experience. Love being a part of this team.

-B. Polly Seunarine-Singh

"I was welcomed to HWH back in 2018 as a volunteer where I learnt how to work with the herd and team. Of course I was always aware of HWH's presence in Tobago and visited on and off. Most recently, I was able to be the office manager For 4 month. During my lifetime, HWH has pushed me out of my comfort zone and allowed me to grow into the person I am today. Fostering the development of my leadership and teamwork skills."

-Chelsea Low



"As I looked back in my history. The horses always interested me but I have a had such bad experiences I just watch from afar. We and I began speaking last October 8th or so and I decided to tell my close friend and colleague who LOVED horses about what you. She wanted to visit so we made plans. Sadly she passed away. I still came to honor her and while in the past I would just watch somehow you managed to lovingly trick me into a tour. Though my heart was beating in my throat your very calm and professional manner made riding so easy. You were able to reach each one of us in the group and identify a strength in us that you used as a trigger to ensure an enjoyable experience and a life lesson for growth. As part of the Maple Leaf International School we later contributed through our charity in the name of Carolina Ferdinand my colleague who passed away October 20th 2022."

-Michelle Nicholas

(Music teacher at Maple Leaf International school grade 4 to 12)



How I Discovered Healing With Horses

by Oni Lasana

I love the island of Tobago, not because it's a beautiful island in the Caribbean, there are many beautiful islands in the Caribbean. However, Tobago stands out to me, mainly because since building a home and living in Tobago since 1999, I live and worship with the people.

My spiritual family is here and it was, years later while sharing Bible truths in the village of Bucco, I met Veronika and discovered Healing With Horses.

Veronika's warm welcoming energy stood out as someone who not only loves the earth she stands on but also the people and the horses she has nurtured and cared for. Exposing our Tobago youth, the villagers, and visitors to the beauty and gentle energy of horses is a gift she and Lennon give to humans as well as the good fare of horses. As a cultural enrichment performing and teaching artist, storyteller, poet, and wellness coach, I support the works of Healing with Horses and find it a valuable enriching experience for not only Tobagoians but everyone from around the world who desires to seek out why and how Tobago....becomes more beautiful.



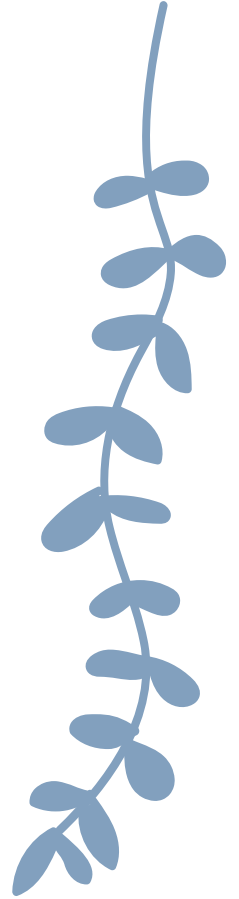
Where Stories & Music Live!

A podcast for children of all ages

www.AuntiOni.Fun

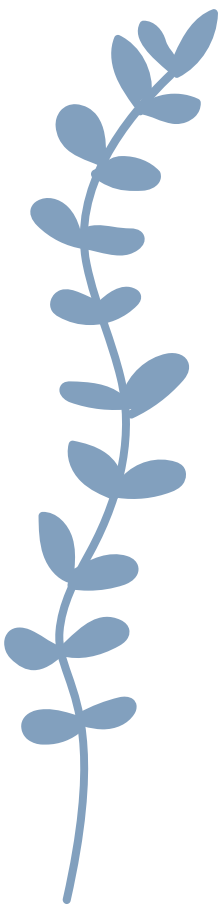
"Over the past eight years, I have greatly admired the transformative impact, the Healing With Horses Foundation has had on the lives of both kids and adults. Day to day, Veronika and her team, empower youth through mentoring, amplifying their unheard voices. Today, adolescents and young adults need healthy outlets of creativity to express themselves, and Being With Horses, has continued to be that safe space for them to problem solve and develop socio-emotional skills. I believe strongly in their values, they are the future of community arts programming in the Caribbean and beyond. I love that their volunteers ensure that every individual is seen, heard and supported to express themselves and their creativity. At Healing With Horses Tobago, I have a community to lean on and grow with. Their passion and advocacy for the arts will make a lasting difference on generations of Trinbagonians and visitors who touch their equine shores."

(artist-anonymous)



As a volunteer at Healing With Horses for the past couple years, I can honestly say that those have been the best years of my life. From the summer camps, to the nature walks, the bonfires, and the equine nature therapy. Being able to participate in all these activities and eventually lead said activities has taught me so much and allowed me to truly grow as an individual. The herd, dogs, and cats have been a wonder to work with and they've also taught me so much about myself that I didn't know. Truly, this foundation has shaped my future and I cannot wait to see what the future holds for them.

-Jahiem Nedd



Within the last few months of working at Healing With Horses, I have grown a lot with the help of the herd as well as my amazing team partners. I have gained confidence in working with the horses and have formed unbreakable connections with them. Working with kids, specially abled kids and animals, are passions of mine. The Healing With Horses foundation has given me the opportunity to work with all of them collectively. It is an honour to be a part of this wonderful

organisation!

-Jaziel Sammy



Many years ago, Veronika and Lennon welcomed me to the foundation and since February I supported as the office manager. Being in such a culturally diverse environment is what helped to foster a sense of curiosity and independence within me, leading to my upcoming journey. Stepping back from the foundation to study abroad in Costa Rica on scholarship. Although a bittersweet parting, my time at HWH has given me the confidence to head into the world ready for anything.

-Chelsea Low

We wish her only the best on her new journey knowing she carries the HWH community in her heart wherever she may go.

-Veronika Danzer La-Fortune



I really loved working with the horses and being around Healing with Horses in general. The time I've spent while it has been short has made me feel very involved and overjoyed.

-Josh Low



Peace and wellbeing felt at the park. Grateful for the support by Veronika and staff. The joy of personal and professional growth. Thank you kindly.

-Miriam



Being a volunteer at healing with horses was a lovely experience.
I love the energy; the people and animals I know I haven't been
there as often as I should but I really
enjoy the little time I spend their and hope to experience new things from healing
with horses soon to come
-Christine Benois



Before coming to us and supporting our HWH Group Sessions at the park, Jessica Daniel Alexander
was a special education consultant/teacher.
"So many parents are confused and at a loss when their children are labeled 'special
needs'. Besides the differently abled who have
physical challenges there exists another group who have other challenges. We try to fit
them into accepted societal expectations and when this does not help, we
feel helpless. So, what are our options? In collaboration with Healing with Horses
Foundation, I offer a new approach and some solutions. Instead of trying to mold our
children into an environment of learning that does not and cannot meet their needs...I
propose an Alternative Learning Space with a different approach.

-Jessica Daniel Alexander

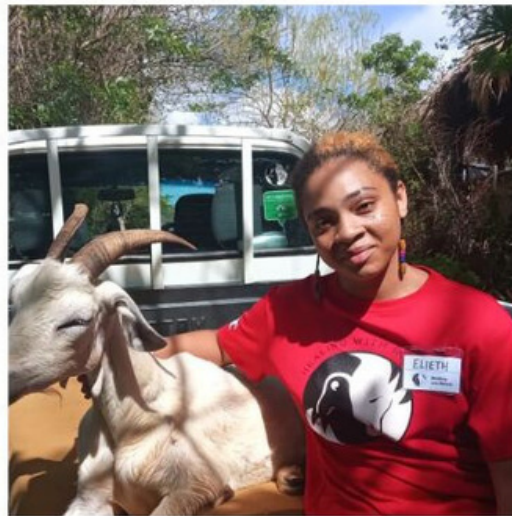


"Energy is contagious"

Meeting Veronika and seeing her and Lennon interacting with the horses, for me was a truly energetic experience.

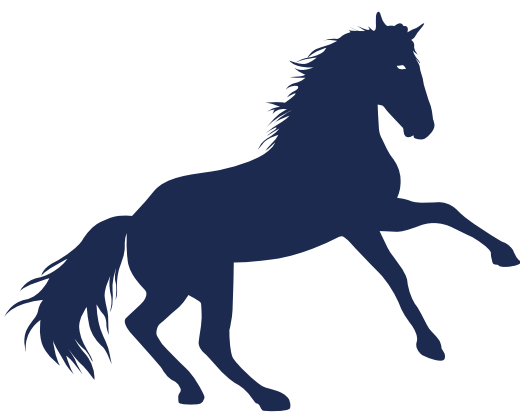
Spending space for the first time in my life surrounded by these majestic creatures was heartwarming. I truly feel the energy of "healing" when I'm in their environment. Being amongst persons who are passionate as I am in doing what I love is surely contagious. I am so grateful to be part of this team, being the best, I can be.

-Kailey 'Kyle' Chookolingo



My experience the past few months at healing with horses has been challenging at times but over all rewarding and enjoyable. I really like working with the horses and children and the ambience the park offers. I've learnt a lot with regards to outdoor work and also brushed up on my team skills. I would say all in all it has been an overall good experience.

-Elieth Davis



"Elle loves horses and is passionate about animal welfare. Riding since she was 2 years old, Elle dreams of being and Equine Surgeon one day. Tobago is Elle's second home and it is here that she learned about Healing with Horses and immediately wanted to help with the mission to care for these special horses. Super creative and resourceful, she immediately started creating ways to help raise funds for what has become her favourite cause! Thank you to healing with horses for all that you do and for igniting Elle's spirit for volunteerism!"



-Elle Aleong

"Healing With Horses was the first place I fell in love with horses. My cousin introduced me to this amazing foundation in 2019 and I was beyond excited to interact with such beautiful animals. Later on, I took riding lessons in Trinidad at San Antonio stables and started competing in show jumping and dressage. Although I enjoy competing going back to Healing With Horses every year and having memorable experiences with them is always rewarding. The foundation has taught me to always remember that I started this sport for the love of horses not just riding and competing, it gives me opportunities to understand and connect with different horses and learn to trust these big beautiful giants again. Healing with horses has a very special place in my heart as I still experience the same exciting and loving emotions every time I visit. I don't think it will ever lose its magical effect."



-Hailey Ali



X



I heard about HWH from our Equine Coordinator Tisha and others who visited the Sanctuary. During Covid, we reached out to various organizations to see how we could help, and that is when we started developing a relationship between the orgs. We also featured HWH in the AWN 2023 calendar.

-Sara Maynard

Founding member of Animal Welfare Network
Operations Manager TTSPCA



ANIMAL PRIDE TOBAGO PROUD



X



The welfare of our companion animals (dogs & cats) starts with population control. This means spay and neuter.

Benefits for your dog include:

- 🐾 lives longer and healthier
- 🐾 less vet costs
- 🐾 does not run away

*Taking care of
animals in Tobago.
Leading by example.*



**For Spay and Neuter Assistance in Tobago
WhatsApp 397 6309**

To qualify your case we will require your

- 🐾 full name and address
- 🐾 employment status
- 🐾 breed, gender, and age
- 🐾 photo of the animal



A WORD FROM OUR FOUNDER:

"Always have been astounded and enlightened by being out in Nature, surrounded by animals since childhood. Honoring and caring for them has been my fulfillment ever since.

I remember as a girl (born in Germany) even when I stumbled across dead ones, creating a small cemetery along our driveway gave me a sense of purpose , to make sure they Rest In Peace.

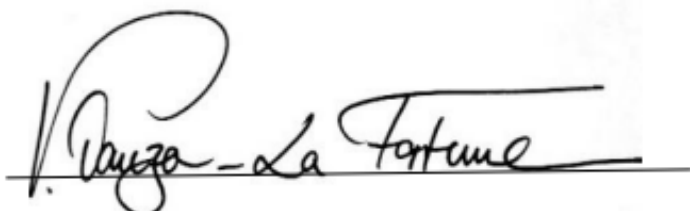
Now, here in Tobago, where we are living, since 2006 with many horses, dogs and cats, creating an animal haven, sharing our passion, our mission and Vision : A Harmonious Wave of Healing for all.

As only through "Love and Attention" we connect --> this is how trust and the bond is being developed.

Coming along way, and very contradictory to my previous years in Europe and the US training, competing and coaching, working in a horse musical.

The essence is : put Yourself in the Animals Place and treat it as You, yourself would like to be treated.

Over 20 horses we rescued so far, here in T&T and even more puppies and kittens...All are Enjoying freedom, we give the animals a space where they are allowed to feel their true purpose - By sharing their unconditional love with our community, we accept them as equal team partner and family members --> real important life lessons are being shared... we then have the opportunity to listen to nature... appreciation, gratitude and more blessings are being drawn into our lives."



Veronika Danzer-LaFortune
Founder & President of
Being & Healing with Horses



SPECIAL THANKS TO...

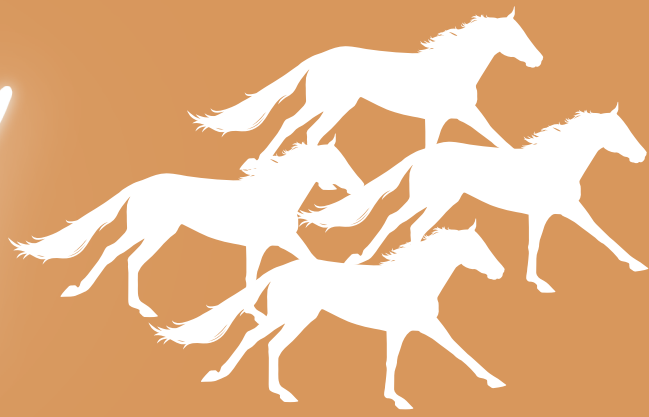
- Adanna Toney
- Allison Bonilla
- Amber Thompson of Flo Therapy & Wellness
- Amrita Gosine
- Briony Vanden
- Bernd Kretschmar
- Buccoo Village Council
- Carmen Danzer
- Caroline Alexis-Thomas
- Caron Greaves
- Chioke Herbert
- Clive Fletcher
- Curtis Kerr
- Dianne Hunt of Luvie Life
- Dibby Bayne
- Ellis Mitchell
- Elspeth Duncan
- Emanja Alleyne
- Emmanuel Stephen
- Family Boiselle
- Family Knott
- Family Louis
- Dr. Janet Ferguson
- Junior Transport
- Kodi's Natural Treats
- Lavaughn Marin
- Mark Gransauil
- Michael Jawahir
- Ministry of Health
- Dr. Noxy Onochie
- Phillipa Talma
- PlayABLE
- Ria Paria
- Robert Yeates of Equilibrium Media
- Samie Jayms
- Sarah Choejor
- The Tobago House of Assembly
- Yohance Wellington



A special thanks to all our volunteers and supporters who we could not mention but could not do without during this year. Your generosity, hard work special talents, caring natures, unwavering patience, kindness, respect and most of all the time and effort you put into this foundation is much appreciated. Though it has been a lot of work, your support and engagement made a difference to the foundation. We look forward to your continued support.



The Herd



Kalakunjin, the sleek Black Beauty, the only one of her kind in Tobago was born in L'anse Fourmi 1/4/98. Her brave father is a black stallion named Franky and her mother is a brown Thoroughbred named Tai Pan. She stands at 14.5 hands.

Our Kalakunjin (it means the black secret garden) is a favorite mare to many of our regular riders. She loves to carry brides on their wedding day through the seawater in Buccoo as she glides along like a Dolphin. Because she walks with such pride and confidence, the Black Beauty will fast become your teacher! If you stroke her forehead, sing to her your favorite song, or whisper into her ear she will become a lifetime friend. And the secret, bring her Crix and she will follow you anywhere whether to graze or take a quiet stroll on the beach.

Mr. Divo was born 6/3/03 and came to us in a special horse trailer on the ferry October 2010. Mr. Divo loves to flirt and prance around the mares and other ladies and earned the name MR. from all the adoring fans who find him so handsome.

At 16.5 hands and long legs, he is our tallest gentleman of the herd. Mr. Divo has had quite a career running at the racetrack at Arima, Trinidad as well as attending jumping and dressage competitions. He loves his new life in Tobago taking children and adults for long, relaxing beachrides and what an amazing swimmer he is! He loves to float in the cool water which is good for his coat and hooves and he can stand up to his nickname of Mr. Handsome.





PRINCESS JULIE

Princess Julie is the youngest member of our herd and she was born right here on the grounds of Being and Healing-with-Horses on 31/7/08. Her thoroughbred mother is Jennifer and her father, also a thoroughbred, is "Sweet- Man". Because she was born near the beach, Princess Julie feels most at home in the water and you can depend on her to take you for a smooth ride if you want to just hold on and go with the flow!

Her love of nibbling leftovers gave her the nickname of our Vacuum Cleaner. Maybe that is why she is our strongest horse in the herd and our laziest! Her love of eating! If you want to be Princess Julie's best buddy you can bring her watermelon and bananas and take her to her favorite place, the beach

Shawari which means "The Protector", is our bravest member of the herd. He is our leader and all the herd feels safe to follow him knowing that he is on the alert and will take care of everyone. Shawari was born on 31/3/98 and is the brother of Kalakunjin. His mom was Pablova and she recently passed away.

This sweet gelding's coat is a deep brown and his mane reflects the golden sun as he stands tall at 15.5 hands. Although he loves to dance in the rain and show off his beauty, Shawari teaches us all patience and has a special girlfriend named Jennifer.



SHAWARI

Zimbu was sired by Grannus and is a Hanoverien gelding originally from Brazil. Zimbu is the name of a small island off El Salvador, Brazil. He came to Trinidad in December of 2009 via Ocala, Florida. He has a history of disliking water on his face but now he swims with the herd as if he had been born in water!

Zimbu has always had a big heart and as a dressage horse and jumper he gave his all even when he was not "sound". His previous owner, Chelsea Thomas, told us he was always very gentle and loving and enjoyed being ridden. We see that now as this big, white horse has made friends with all the herd and gives his heart to the children.

We love our star Zimbu and he is a great gift to us. He has worked hard all his life and now he can enjoy the gentler life of Buccoo and the open sea, pastures and the loving care from all of us at Healing with Horses.



ZIMBU



King was born in 2004 on Thoroughbred Farm in Kingston, Jamaica. As a yearling he traveled to the Caymans and then onto Trinidad where he began his racing career as a two year old. He did very well until he damaged a tendon. Being the warrior that he is, he went on to win and place in many future races until a fractured cannon bone ended his racing career.

After a two and a half year rest and an attempt to perform in dressage, it was decided he must retire. In February, 2014 after discovering a severe bone bruise in his hoof, his owner contacted Veronika and Lennon and asked if King could come to Tobago and join the Healing with Horses herd to recover and restore. After a 13 hr. trip from Arima, King arrived in Buccoo to meet his new family.

Winston became the ninth and newest member of the herd in Buccoo in June 2014. He is also the most courageous traveler having come all the way from jolly ol' England. Winston is a Shetland pony not much taller than a large dog!! His former owner Karen Ballard, saw him at a neighbor's Shetland pony farm, fell in love with him and brought him home to the great delight of her two daughters. His best friend was Fred, one of the Ballards' horses and he and Winston remained best buddies until Fred died last year.

After a visit to Healing with Horses and hearing that the Foundation was looking for a pony, Karen felt instantly that this would be the perfect home for Winston. And indeed it is! Although he is a mini guy he comes with a maxi personality! The other eight members of the herd offer him their utmost respect and allow him his large grazing territory as eating grass is his first priority. His second is to be groomed....ahhhh how he loves that touch and this is about the only time he will stop chewing!

When down by the sea, you will see the other members of the herd swimming but our Winston finds this too much work and prefers a gentle stroll along the beach or a vigorous roll in the sand for a good back scratch. Give Winston a smile with a good brushing along his back and a big hug and you will smile right along with him!





Morning Calm was born in Trinidad on April 1st 2012. His Dam, Velvet Morning (mother) by Machiavellian came from Ireland in 2005. His Sire (Father) is Babel from the U.S.A.

He started his racing career as a 3-year-old in June 2015. In his fourth career start, he finished third in the Trinidad Derby on September 2015, which is the most prestigious event for locally bred three-year-old horses. Were it not for him leaving the starting stalls about 10 lengths behind the field, he would have won the Derby. He had so much ability.

He always had the tendency to be tardy from the starting gates. This habit manifested itself by him starting to refuse to leave the starting stalls. The Racing Authority eventually banned him from horse racing permanently in March 2017, after the fifth time of refusal. What a dilemma!!

However, his previous owner had a special bond with him and just could not give him away to anyone. Morning Calm was special and had character. Every Sunday morning, the previous owner would bring carrots and apples for him as a special treat, which Morning Calm always looked forward to. He decided to maintain Morning Calm in the best possible way until he found a suitable home to his satisfaction.

In August 2018, Morning Calm who has a very playful nature, was welcomed into the Healing with Horses herd.

Apollo went to the race track an unnamed horse, didn't race. Broke down while training. He was small and too slow when they tried to push him, he got tender in the legs.

He could not race so they sent him to a farm. On the farm he injured himself at the right hind leg and got a big scar to remind us of his curious ways.

Apollo came to H.W.H in August 2018. He is loving, kind, gentle, loves attention and love getting cuddled. He also loves children and enjoys working with them.

His name has a powerful meaning: it symbolizes Healing&Projection. His spirit sweet soul is touching everything and everyone.



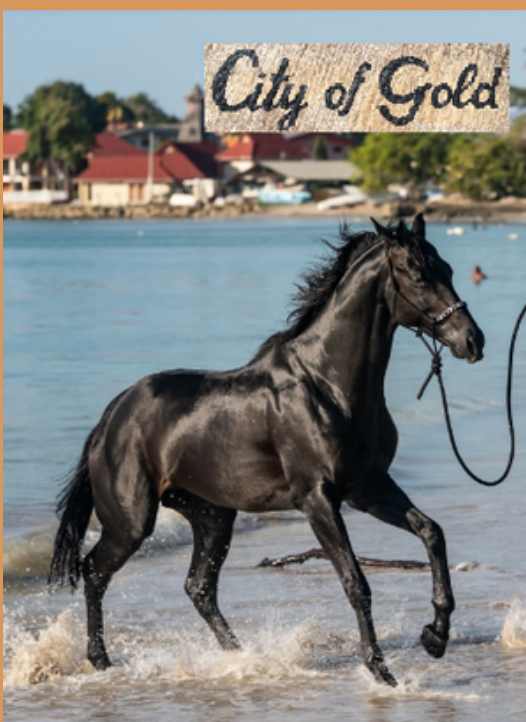
Dulce Dama would've first entered the Paddock in October of 2019...at the outset of the pandemic she was sent back to the farm on 7th April,2020 as racing was halted. Returned to the paddock on 8th June .. Microchipped on 16th Oct... Named...Dulce Dama on 26th Oct 1st race on 31st Oct 2nd race on 21st Nov She bled externally at which point it was decided to retire her...during her schooling period and throughout her training she was very straightforward...no bad habits except that she was a bit claustrophobic in the starting gate... Left for Healing With Horses...26th Nov,2020



Mucho Halos, a magnificent Dark Bay mare, originally from Florida, was unraced and brought to Trinidad as a Broodmare. She was shipped to Tobago in 2015 by Kris Hacket. Years later, in February 2020, the young volunteers of the HWH Foundation walked her from Bon Accord to Buccoo Point, Tobago to live with the herd. Since then, she is flourishing and healing on all levels. She was born on May 10th, 2000. Dam - Many Threes, Sire - Halo Image

Born on the 26th of April 2012 Sunset Cloud (his former RaceHorse name was Sunset Cloud) arrived at the headquarters on Sunday the 18th of December 2022 with his travel companion "golden Baby". After an eight hour long journey on the Cargo Boat they both stepped out of the horse box carefully into their "new life" here at buccoo Point at HWH and BWH.

Golden Sunset is a sweet soul, Always ready to meet new friends He loves attention and treats with cuddles. He is an elegant dancer Almost 17 hands tall and golden brown, with a white heart on his forehead.



A Jamaican born colt 22 February 2012, the black Stallion of the herd.

"City of Gold". Is enjoying his new way of Life here in Tobago - living beside the headquarters in his three room apartment. He loves meeting his herd once a day at 5pm, at the bay, in buccoo, taking a good roll in the warm beach sand and calling out the horses which are coming back from grazing at the golden grove estate.

In Loving Memory...



Grateful x You have given me a direction in my Journey here in Tobago x The past 15 years you blessed us with your spirit x I learned to listen to Horses ...by simply being in your presence x Your strength, stamina, endurance and clarity led us to where we are today. I remember your soft coat x The mane was like silk x Your movement so smooth, your body so sensitive x So tender yet so magnificent and energetic x Walking side by side x Flowing x Dancing with you made it easy to go into the space where no control was allowed x The more I let go, the more you gave your all x A Gift was felt and it is still here ... that - through letting go a whole new Universe is opening and surprising x Only by Trust - this can be encountered x Thank you beautiful chestnut mare x Your everlasting softness will continue to give us the awareness we need to be able to open our hearts and minds to embrace the importance of just being xxx



JENNIFER

we remember



LEO



ABERDEEN

Aberdeen AKA Aladdin is eighteen years old. He enjoys long strolls, morning swims, and rolling in the sand. He came in 2017 to HWH and went over the rainbow bridge in 2020.



NAVAJO



GOLDEN BABY



STUDENTS & PROGRAMS

Equine Nature Therapy (E.N.T)

ENT sessions are held six (6) days a week and are focused on supporting individuals diagnosed with Autism, Down's Syndrome, Cerebral Palsy, Visual/Hearing or Speech Impairment, ADHD, Emotional Trauma, Weak Motor Skills and Asperger's Syndrome. These unique sessions allow the children to improve their physical strength and overall well-being through therapeutic interactions.



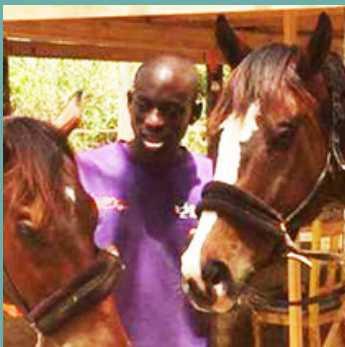
School Programs

Students and Participants from various schools and organizations are guided by teachers and volunteers and encouraged to be creative and expressive. They also enjoy the outdoors, being surrounded by nature and the sea. The focus is "Being with Horses" as the children learn to groom, feed, ride, and be with the horses. Our Therapeutic Playground offers a variety of stations for swinging, climbing, see sawing, imagination and creativity. They gain new insight, improving self esteem and realizing unknown talents. These sessions may be combined with elements of ENT and Riddim Therapy.



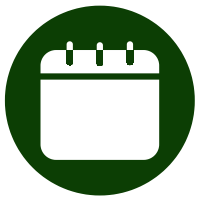
Storytelling/ Story Village at the Park With Aunty Oni

Aunty Oni- Seek to affirm all communities communicate positive values, enhance cultural sensitivity, and inspire meaningful interactions in all programs.

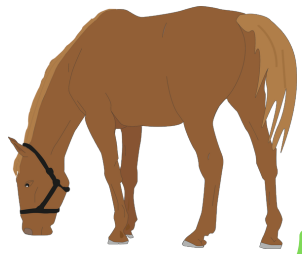


Specially-Abled Adults Work Program

In accordance with the HWH's mission to integrate and empower, the Foundation has an ongoing initiative employing specially-abled adults to work at the HWH Park. One of the Foundation's proudest successes has been the full time employment of HWH Park Attendant Mr. Jayon Braithwaite, who was first sent to HWH as part of the Trinidad and Tobago On-The-Job Training Programme (OJT) in 2017. Mr. Braithwaite was one of the first specially-abled OJTs in Tobago. Jayon is always there with a smile. We are grateful for his positivity, endurance and readiness to fulfill his tasks at the Park.

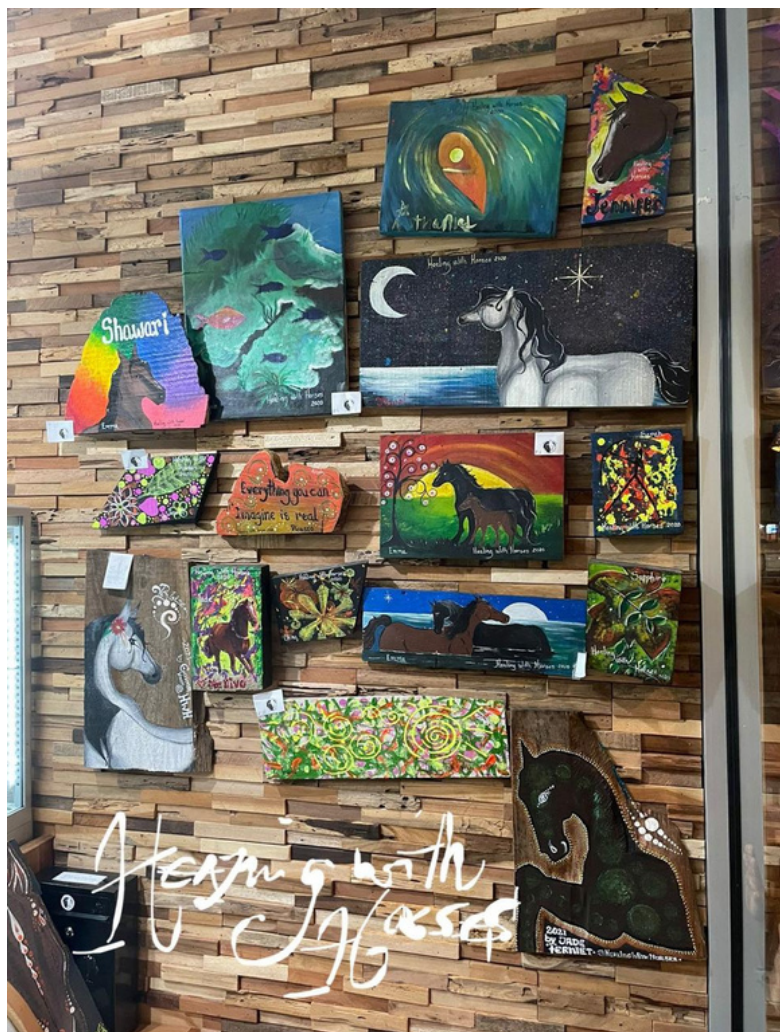


ACTIVITIES THROUGHOUT THE YEAR



Regular Events Conducted (September 2022 - June 2023)	
Monday 10 am - 12 noon	Joy of Learning Research Center
Tuesday 11 am - 1 pm	Technical Vocational School
Wednesday 11 am - 1 pm	Transformational School
Wednesday & Friday 3 pm - 5 pm	ART @ the PARK

- CREATIVE GARDENING
- MUSIC THERAPY
- ART THERAPY
- EQUINE NATURE THERAPY



Left: Art Exhibition at *Kodi's Natural Treats* with art created by volunteers and students at the Magical Park

**Buccoo Beach Clean-ups done:
(Thursdays 4 pm - 6 pm)**

1st September, 2022

6th October, 2022

3rd November, 2022

1st December, 2022

5th January, 2023

2nd February, 2023

2nd March, 2023

6th April, 2023

4th May, 2023

1st June, 2023

6th July, 2023

3rd August, 2023



**Fullmoon Bonfire Celebration
Fundraisers which took place
at the Magical Park**

10th September, 2022

9th October, 2022

8th November, 2022

8th December, 2022

6th January, 2023

5th February, 2023

7th March, 2023

6th April, 2023

6th May, 2023

3rd June, 2023

3rd July, 2023

1st August, 2023

HEALING WITH HORSES FOUNDATION

**MAGICAL
FULL MOON
BON FIRE**

SATURDAY OCTOBER 8TH

BELLY DANCE . BONFIRE . MARKET . FOOD

VENUE : HWH MAGICAL PARK, BUCCOO POINT
TIME: 6-9PM
ENTRANCE FEE \$50
FREE ENTRY TO CHILDREN 4 YEARS & UNDER
@HEALINGWITHHORSESTOBAGO

August 2022



Admission fee
*100 TTD
**50 TTD
***150 TTD/day
***500 TTD/week

UPCOMING EVENTS

u p c o m i n g e v e n t s

Thursday August 4th
Buccoo Beach clean up 4pm
Register at headquarters with great prizes

****Thursday August 11th**
Magical Full Moon Bonfire with special guest
6pm - 9pm at magical park

*****August 8th - 19th**
Camp Call of the Wild
Monday - Friday from 10am - 5pm
Kids from 6 - 15 years

***Mondays**
ENT session
10am - 12pm

***Wednesdays**
Fairy Workshop/ Art Therapy
3pm - 5pm

***Fridays**
ENT session/ Art Workshop
3pm - 5pm

All events take place at the magical park, Galla Trace, Buccoo

Special needs children and adults are allowed free entry upon registration



- Thursday 4th. August, 2022 - Buccoo beach clean-up
- Thursday 11th. August, 2022 - Magical Full Moon Bonfire with special guest at Magical Park
- Monday 29th. August, 2022- Magical Journey session (Special Fundraiser)
- Tuesday 30th. August, 2022 - Art Therapy



September 2022



- Thursday 1st.
September, 2022-
Beach Clean Up
- Friday 2nd.
September, 2022-
Park Art Session.
- Monday 5th.
September, 2022- ENT
Session with JOL.

- Tuesday 6th. September 2022- Heritage School ENT Session.
- Wednesday 7th. September,, 2022- Park Art Session.
- Friday 9th. September 2022- Preparation of Jennifer's grave. The USAID came for a site visit.
- Saturday 10th September 2022- HWH Full Moon Bonfire along with the celebration ceremony of Jennifer.
- Monday 12th. September, 2022- ENT Session with JOL.
- Tuesday 13th. September, 2022- Heritage School ENT Session.
- Friday 16th. September, 2022- Art Therapy Session.
- Saturday 17th. September, 2022- THA Beach Clean Up
- Monday 19th. September, 2022- ENT Session with JOL.
- Tuesday 20th. September, 2022- Heritage School ENT Session.
- Wednesday 21st. September, 2022- Art Session.
- Thursday 22nd. September, 2022- TechVoc School.
- Friday 23rd. September, 2022- Art Therapy Session.
- Monday 26th. September, 2022- ENT Park Session with JOL.
- Tuesday 27th. September, 2022- Heritage School ENT Session.
- Wednesday 28th. September 2022- Integrated session with the new volunteers from Scotiabank and Art Therapy Session.

October 2022

Upcoming events

Thursday 6th October
Buccoo Beach clean up @4pm register at headquarters

Saturday 8th October
Magical full moon bonfire with special guest 6pm- 9pm at magical park

Monday 24th October
Gypsy festival \$100 entrance



Mondays
ENT session 10am-2pm

Wednesday
Fairy workshop/
Artworkshop
3pm-5pm

FRIDAYS
ENT sessions /
artworkshop
3pm-5pm
Cost: 100TTD each session

Special needs children and adults are allowed

Free entry upon

Upon registration



- Wednesday 12th. October, 2022- Attendance of the German Unification Ceremony held in Trinidad.
- Thursday 13th. October, 2022- Park Session with Speyside Anglican School.
- Friday 14th. October, 2022- Equine Nature Therapy with Brittney.
- Friday 21st. October, 2022- Outing with Miss Karielle Ramsden who was the facilitator and representative as Miss World Plymouth Tobago.
- 30th. October, 2022- Sharing of appreciation certificates to supports, Dr. Leah Pouchet and Gideon.



Magical Emotions 2023

Our Mission Statement:
Creating an integrated, inspiring, safe space in which specially-abled children, adults and animals are empowered to realize their full potential through therapeutic interactions with Nature.

Our background...
Healing with Horses was created in 2010 as a non-profit organization, realized from a dream by its Founder and Director, Mrs. Veronica Johanna Dancin-Lafontaine. With one horse rescued from the rain forest and a heart filled with love and faith, Mrs. Dancin-Lafontaine and her husband, Mr. Lennox Lafontaine created a place where children of different backgrounds, nationalities and varied physical and mental abilities enjoy therapy and creative engagement.

Our weekly sessions include therapeutic play in our Magical Playground, music, drumming, nature walks, gardening, arts and crafts, animal care in general, and the exceptional experience of being with horses. Our healthy herd of eleven horses and one pony (most of them rescued or discarded), gives everyone a role to experience a strong sense of bonding and affection, along with the physical benefits of strengthening their core muscles and improving balance through ENT (Equine Nature Therapy).

Each child is offered the opportunity to ride, groom, feed and commune with these gentle animals. The children are guided by teachers and volunteers, and are encouraged to be creative and expressive, enjoying the outdoors, surrounded by nature and the sea while enjoying these unique sessions, the children gain new insight, self-esteem, realize unknown talents and share this joy with their friends, as they come together to discover the Love and Magic of Healing with Horses.

Recent studies conducted by the Institute of Heart-Mathematics indicate that the energy 'healing' that occurs when we're close to horses. According to researchers, the heart has an electromagnetic field larger than the brain's magnetometer can measure the energy field of the heart that radiates from 24 inches to 3 meters around the human body. While this is certainly significant, perhaps more impressive than the electromagnetic field generated by the heart of a horse is five times larger than that of a human being (imagine an electromagnetic sphere around the horse and it can influence straight into our own heart rate).

Horses are also likely to have what science has identified as a 'softer' heart rate (heart rate pattern) that explains why we can 'feel better' when we're close to them. Studies have found a coherent heart pattern or HRV to be a solid measure of well-being and consistent with emotional states of calm and joy that is, we exhibit such patterns when we feel positive emotions.

A coherent heart pattern is an indicator of a system that can recover and adapt to stressful situations very efficiently. Many times, we just need to be in the presence of horses to feel a sense of well-being and peace. In fact, research shows that people experience many physiological benefits by interacting with horses, including lower blood pressure and heart rate, higher beta endorphins (pain-relievers) acting as pain suppressants, decreased stress levels, decreased feelings of anger, hostility, tension and anxiety, better social working and greater feelings of empowerment, confidence, patience and self-efficacy.

Picture author: Svetlana Huberdov



Healing with Horses Foundation
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Email: support@healing-with-horses.org
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Credits and acknowledgments *Healing with Horses welcomes*

Creation of the 'Magical Emotions' 2023 calendar

November 2022



HEALING WITH HORSES FOUNDATION

UPCOMING EVENTS

Beach Clean Up
Every first Thursday of the Month we invite the public for a beach clean up
4-6 pm
Prizes for all participants.

Full Moon Bon Fire
Tuesday 8th
Vendors, drums, Jam session, dance
4-9pm
\$50 ttd Entrance fee

Park Play Session
Every Monday
10-12 Noon
Entry \$100ttd

Fairy Art Work Shop
Wednesdays & Fridays
3-5pm @Park
Entry fee \$100ttd
Free Entrance for special abled children and adults
Registration #305 -2000

REGISTER 305-2000 @ Healingwithhorsestobago buccoo Point Tobago

- Tuesday 15th. November, 2022- Arrival of Golden Sunset and Sunset Cloud.
- Tuesday 29th. November, 2023- Specially abled workshop.

December 2022



- Friday 2nd December, 2022 - Some herd members went to Pigeon Point to raise funds for the renovation of the park
- Saturday-3rd December, 2022 - The Coaches at Playable collaborated with HWH

- Monday 5th December, 2022 - Sophia's Pastry Shop donated pastries to our coaches and volunteers.
- Friday 16th December, 2022 - Maple Leaf donated towards the HWH program
- Monday 19th December, 2022 - Arnos Vale Table Top Fundraiser

January 2023



HWH
Upcoming Events

Full Moon Bon Fire
Friday 6th January
6-9PM
Vendors, Drums,
Jam Session, Dance
50TTD Entrance Fee

Register
305-2000



Buccoo Point, Tobago
@healingwithhorsestobago



- Sunday 8th January, 2023 - Animal Welfare Network visited the Foundation.
- Tuesday 24th. January, 2023- TecVoc Session.
- Friday 27th. January, 2023- Art therapy and Storytelling
- Monday 30th. January, 2023- JOL ENT Park Session and Storytelling
- Tuesday 31st. January, 2023- TecVoc Session

February 2023

HWH February Events

Sunday 5th

Full Moon Bonfire

6:00 pm – 9:00 pm

Monday

Joy of Living Park Session

10:00 am – 12:00 pm

Wednesday

Art Therapy

3:00 pm – 5:00 pm

Friday

Art@Park

3:00 pm – 5:00 pm

- 13th February, 2023 - The German Ambassador visited the foundation
- 23rd February, 2023 - Special shout out to some of our members, Jewel Arnold & Jade Feniet
- 25rd February, 2023 - I Can Fitness visited the foundation



March 2023



HEALING WITH HORSES

HWH March Events

Thursday 02.03.2023
Beach CleanUp
4pm-6pm

Wednesday
Art@Park
3pm-5pm

Tuesday 7.03.2023
Full Moon Bonfire
8:00 pm - 9:00 pm
Vendors, Belly Dancing and more!
50TTD Entrance Fee

Mondays
JOL Integrated Sesslon
10am-12pm

Friday
Art@Park 3pm-5pm

Registration fee for
Integrated Sesslons
\$100TTD
Whatsapp 305-2000

Tuesdays TeoVoo
Integrated Sesslon ENT
11am-1pm

Buccoo Point, Tobago **@healingwithhorsestobago**

- 4th March, 2023 - General of the European support features the daily operation of the charity foundation
- 21st March, 2023 - Celebrated World Down Syndrome Day with a lovely story from Valerie about her daughter
- 25th March, 2023 - Welcomed Elieth to the foundation
- 31st March, 2023 - Ms. World, Trinidad & Tobago visited the foundation

April 2023



April is bringing awareness to the Autism Spectrum Disorder.

Here Aiden Pereira one of the regular students at HWH:

[Click here](#)

- 6th April, 2023 - Monthly beach cleanup from 4pm-6pm
- 6th April, 2023 - Monthly bonfire at the HWH park from 6pm - 9pm
- 7th April, 2023 - We welcomed new volunteer Josh Low to the foundation.
- 18th April, 2023 - We were visited by Caripoint Health Services Ltd.
- 20th April, 2023- Collaboration with Animal 360.

May 2023



**HEALING WITH HORSES
TOBAGO**

HWH May Events

Thursday 04.05.2023
Beach CleanUp
4pm-6pm

Mondays
JOL Integrated Session
10am-12pm

Tuesdays
TecVoc Integrated Session
ENT 11am-1pm

Friday 05.05.2023
Full Moon Bonfire
6:00 pm - 9:00 pm
Vendors, Live Muslo and more!
50TTD Entrance Fee

Wednesday
Transformation
School 11-1PM

Registration fee for
Integrated Sessions
\$100TTD
Whatsapp 305-2000

Buccoo Point, Tobago @healingwithhorsestobago



- 7th May, 2023- Zoom on "Super Powers on the Spectrum."
- 20th May, 2023 - Courts sponsored the foundation 2 brand new laptops
- 26th My, 2023- St. Andrew's Sports and Family Day was supported by the foundation.

June 2023



HEALING WITH HORSES

HWH June Events

01.06.2023

Beach CleanUp

4pm-6pm

Tuesdays

Voc Integrated Session

ENT 11am-1pm

Mondays

JOL Integrated Session

10am-12pm

Saturday 03.06.2023

Full Moon Bonfire

6:00 pm - 9:00 pm

Vendors, Live Music and more!

\$50TTD Entrance Fee

Wednesday

Transformation

School 11-1PM

**Guests outside of our
program pay contribution
fee of \$100TTD to join our
integrated sessions**

Whatsapp 305-2000

Buccoo Point, Tobago

@healingwithhorsestobago

- 6th June, 2023 - Equine Dentist, Mellissa Lalsingh visited the foundation
- 18th June, 2023 - Gave a special thanks to Lennon
- 20th June, 2023 - Mareike made a donation to the foundation on behalf of her mother
- 25th June, 2023 - A special token of appreciation was handed out to Dr. Michael Downs.

JULY 2023



- 3rd July, 2023 - Full moon bonfire took place from 6pm-9pm
- 6th July, 2023 - Monthly beach cleanup took place 4pm-6pm
- 7th July, 2023 - Ebony Horse Woman's Representative came to the foundation
- 16th July, 2023 - Welcomed Kai-Alexi to the foundation
- 19th July, 2023 - Celebrated Lennon's Birthday at the HWH Magical Park

FUNDRAISING THROUGHOUT THE YEAR

Healing with Horse procures donations from public and private sectors through active fundraising; sending out proposals and grant requests, holding community-based fundraisers, selling merchandise and acquiring donations from tourists and friends of Healing with Horses. We are also active in social and traditional media.

This year many proposals and letters were sent out to various businesses and organizations to raise funds for the ongoing Equine Nature Therapy sessions and the maintenance of the HWH Park. We had many sponsors answer our call, for which we are eternally grateful. These sponsors ranged from local companies to several government ministries.

To raise funds, we also collected funds to produce the 2023 Calendar. The theme was "*Magical Emotions*". It featured the following businesses:



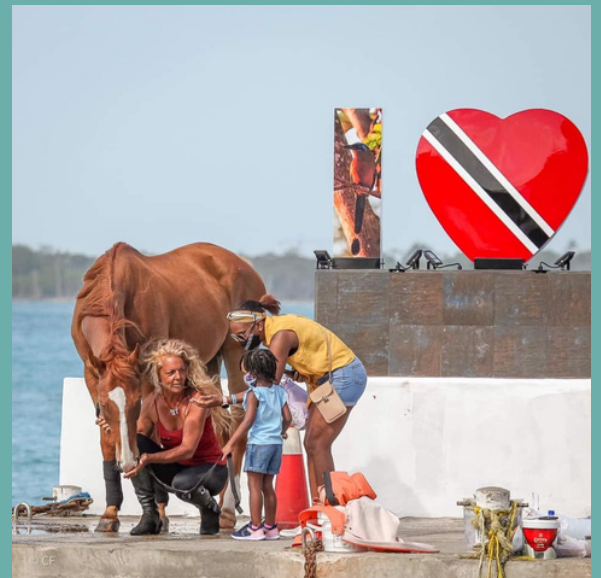
1. Central Bank of Trinidad & Tobago
2. Kodi's Natural Treats
3. The Joy of Living Resource Centre
4. National Flour Mills Limited
5. PROMAN AG (Trinidad) Limited
6. Ins and Outs of Trinidad and Tobago
7. Phoenix Dental
8. Cornerstone Guesthouse
9. Scrip-J
10. Prospect Estate
11. Skewers Middle Eastern Grill

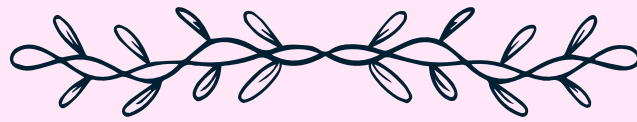
Each sponsor contributed \$3000.00TT. Two Thousand calendars were printed. Some calendars were given to friends and supporters. The rest were sold in the Love and Magic Centre to raise funds for the Foundation.

Work for next year's calendar (2024) has begun. The proposed theme is ".....".

Corporate/Public Sponsors

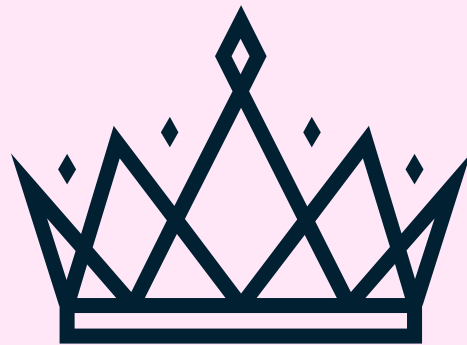
- Allison Bonilla LCSW
- Almandoz Hardware Ltd.
- Animal Welfare Network
- Arthea's Treasure Trove
- B's Homeade Ice Cream
- Central Bank of Trinidad and Tobago
- CGA Ltd
- Children's Ark
- COLFIRE
- Dave Discount Hardware
- Guardian Group
- Ins & Outs
- Interpreting Your Needs
- Klara Maske
- Kodi's Natural Treats
- Le Grand Courlan Spa Resort
- Live Green
- Massy Foundation
- Meridian Distributors Ltd.
- Mickey's Bakery
- National Flour Mills Limited
- NGC
- Phoenix Dental
- PROMAN AG
- Republic Bank
- Scotiabank
- ScripJ
- Sherwin-Williams
- Signature Luxury Fragrances
- Southern Sales & Service Limited
- The Animal Welfare Network
- The Maritime Financial Group
- The Ministry of Tourism of Trinidad and Tobago
- Trinidad and Tobago Endometriosis Association
- Trinidad and Tobago Equestrian Association (TTEA)
- Trinidad Removers and Forwarders Ltd.
- TTSPCA
- Unemployment Relief Programme (URP)
- UNICOMER
- United Way Trinidad and Tobago
- Waves Restaurant + Bar
- Q2 Services



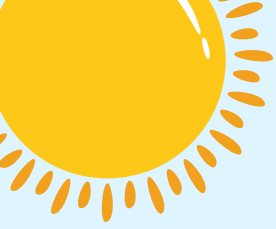


The Foundation was honored to welcome Ache Abrahams. She took a tour of the HWH Magical Park, met the herd, went on our Swim and Trail session as well as engaged in "ENT" with specially abled students

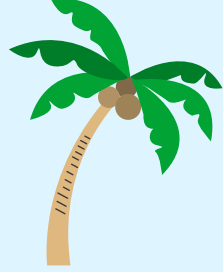
A Visit from
Miss World



Trinidad and Tobago!



CARING FOR OUR ENVIRONMENT

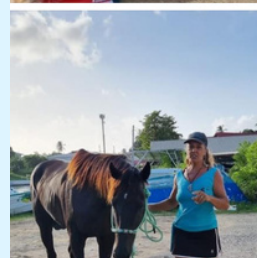


The Trinidad and Tobago Solid Waste Management Company (SWMCOL) in collaboration with Healing with Horses Tobago joined forces to clean Buccoo Beach in Tobago. This collaboration takes place on the first Thursday of each month and we invite the public to join us in this noteworthy venture, many thanks go out to members of the community and the tourists who eagerly participated.

A staggering total of 48 bags of garbage were collected from the shorelines of Buccoo Beach, Tobago over the period of July to August 2023. By cleaning the beaches, a significant amount of trash is prevented from entering the ocean which leads to a disruption in the ecosystem as numerous forms of marine life are threatened by marine pollution. This collaboration exemplifies both organizations' commitment to Goal 14 of the United Nation's Sustainable Development Goals: Life Below Water and Goal 15: Life on Land.

By uniting with organizations and communities, we can make powerful strides toward improving the health of our planet and ensure a sustainable future for all living beings with whom we share planet Earth. It is against this background, that SWMCOL is inviting other corporate citizens in both Tobago & Trinidad to adopt a community, school, beach, river, park, etc as we work to protect and preserve the environment for future generations.

**#SWMCOL #GetIntoGreenWithSWMCOL
#GoGreen #SustainableDevelopmentGoals
#BeEarthDefenders #EarthDefenders
#TrinidadandTobago
#buccoobeachtobago #buccootobago**



Further Reading....

This year the HWH Foundation was featured in various newspapers, magazines and TV segments. We are grateful to all these publications and programs that were interested in learning about and promoting our activities. It has created local and international awareness for our foundation.



In Kind Donations



Throughout the year people have brought items and other gifts for the horses, children and the Foundation. These items include horse brushes, horseshoes, horse medicines, pet food, books, clothes, linens and toys. Please see ADDENDUM B for a list of items donated.



CHALLENGES AND RISKS

Although equine therapy is not new to many countries in the world, on our tiny island in the Caribbean most have never seen a horse or had any exposure to being with these amazing animals as a therapeutic modality. Our programs have shown great success over the years. We are on the right track and we have learned how to work with our community in presenting a program which at the start was difficult for many to accept. People were afraid, doubted our abilities and most certainly did not trust our gentle giants to be friendly. With time, patience endless invites, visiting schools for the specially-abled, villagers seeing our horses walk through their village, swim in their bay and accept all who came to visit, we slowly gained the trust and confidence we needed to implement our programs.

When we heard of a horse abandoned in a lone field, we went on foot and walked miles to bring her to the stables as horse vans do not exist here. Undaunted by lack of feed we cut our own hay by hand, often traveling miles when dry season leaves us with few options. We devise healthy blends of feed using coconut and molasses, gathering fruit and palm leaves assuring our herd has the best care we can offer regardless of weather or lack of vehicles. Water is trucked in, buckets are carried when needed.

Most of our herd came to us malnourished, injured, abused and neglected. Within weeks and without the aid of vets or “equine specialists” our treatment of daily sea baths, massages, clean feed from nature’s bounty and always in the company of each other, our lonely orphans blossom into vibrant, shining, muscled, calm, trusting members of a happy herd.

The main strain on Healing with Horses financially is assuring sufficient care for the herd. Feed, medicine, equipment, shelter, hygiene, hoof care, arena footing, tools etc. If funding for their proper care is in place, we can then employ monies raised to expand our programs, upgrade our facilities both for the participants and our beloved herd. We are not presenting a dramatic change as we know our methods work. We want to assure the care of our herd which is and always has been, our primary concern and the foundation from which we operate.

The HWH Foundation considers our projects low risk as we have always and will continue to proceed with the utmost caution and care, taking on only what we know we are capable of in management of the herd, participants, park and volunteers. We strive to improve and implement new ideas as we grow and learn, we are detail oriented in every area of the organization. It is imperative that the care of our horses be of the utmost quality and focus applied at all times to ensure the well-being and safety of all. With proper maintenance of our horse park, safety equipment, arena, fencing and experienced staff we can assure the best possible environment and the ability to open our programs to a larger portion of the population.

Our accounting is impeccably maintained with professional accountants and fully transparent, open to audit. All monies spent are carefully recorded, receipts filled and accessible. Access to the funds is secure.

Author: Marjorie Linglet (Former HWH International Liaison). Thank you for this amazing write up about HWH.



How can you help?

As a Volunteer

If you are willing to spend some time working with horses and specially-abled participants, our E.N.T and after school sessions are there for you! We can provide the necessary hands-on training you need to work with the horses and participants.

If you are a professional, especially in areas of therapy (e.g ABA Therapy, physiotherapy, speech therapy), horses (equinology, equine vet, trainer, farrier) fundraising, IT, event planning, video and photography we would much appreciate your skills. If you do better indoors, the office environment may suit you better.

We'll train you in our daily operations such as answering the phone, scheduling sessions and selling memorabilia from the Love and Magic Centre.



As a Donor or Sponsor

We accept In-Kind donations and money to assist us in our programmes, daily activities, equipment and improving infrastructure. We can provide businesses and organizations with a receipt of the donation, pictures or beneficiaries and or improvements for their use.

Consider donating towards our GoFundMe campaign. See links in the Additional Information Section below.



Future Plans

- Renovations of Healing with Horses Magical Park
- Recruiting new E.N.T trainees
- Expanding Retreats with Horses
- Youth Empowerment Program
- Going to hotels and schools for Being with Horses sessions
- Full Moon Bonfire
- Beach Clean Ups



For Additional Information

For additional information on this foundation please read the following documents:

- Our Website: healing-with-horses.org
- HWH Facebook (HealingWithHorsesTobago) and Instagram (@healingwithhorsetobago)
- Become A Supporter Web Page:

<http://www.healing-with-horses.org/initiatives/become-a-supporter>

Addendum A

Time Table for ongoing School Sessions

Mondays

Joy of Living Research Centre
10:00am to 12:00noon
E.N.T Being with Horses Sessions
Private Sessions

Tuesdays

Heritage School
10:00am to 12:00noon
E.N.T Being with Horses Sessions
Private Sessions

Wednesdays

Children's Authority of T&T
Being with Horses session
10:00am to 12:00noon

Art Therapy with Ms. Jeanine Crouch
3:00pm to 5:00pm

Thursdays

The Technical Vocational Centre
1:00pm to 3:00pm
E.N.T Being with Horses Sessions
Private Sessions

Fridays

Art Therapy with Ms. Jeanine Crouch
3:00pm to 5:00pm



First Thursday of every Month

4:00pm to 6:00pm Buccoo Beach Clean Up

Addendum B

In Kind Donations September 2022 to August 2023

Date	Name	In Kind Donation
04.09.2022	Lindsey Aierback	3 lg tubes of NuStock
05.09.2022	Simone Clark	Trophies (9 pieces)
07.09.22	Gereeda	Posters from print demand
07.09.22	Sarah Eckert	Clothes, bag,
07.09.22	Daniela	Bag of clothes
10.09.22	Sarah	3 bags of clothes
10.09.22	Lesly Ann	Children's court crayons
12.09.22	Karen Clarke	Stationery donation
15.09.22	Susanne Hirschmann	Clothes
15.09.22	Daniela Louis	Kids shoes (2 pairs)
10.09.22	Joanne Williams	Print table cloth
29.09.22	Sarah Moore	Christmas decorations
01.10.22	Inga Lorenzo	Stationery, 17 folders, sandwich maker
01.10.22	NFM	5 bags of broodmare horse feed 45kg, 2 bags of dog chow 25
04.10.22	Nickson Rovgier	Clothes 3D puzzles, fan, metal frame
08.10.22	NFM	2 bags of chow,, 5 bags of broodmare feed
08.10.22	Gideon R.	2 x Banners
08.10.22	Mario Fuller	Transport
08.10.22	Fareeda R	20 posters
18.10.22	Anika	Clothes

Date	Name	In Kind Donation
19.10.22	Mr. Benjamin	2x white paint
21.10.22	Family Beresford	1 box of books
28.10.22	Sarah Eckert	Bag of clothes
01.11.22	NFM	5 bags of broodmare horse feed 45kg, 2 bags of dog chow 25kg
25.11.22	Veran Joseph	2 bags of cornflakes (big)
01.12.22	NFM	5 bags of broodmare horse feed 45kg, 2 bags of dog chow 25
07.12.22	Shivan Williams	5 gallons of water based paint (blue, yellow, green, pink)
18.12.22		Truckload of food
01.01.23	NFM	5 bags of broodmare horse feed 45kg, 2 bags of dog chow 25
09.01.23	Claudia	Copy paper
16.01.23	Suari Balkaran	one bag of cat chow
17.01.23	Animal Welfare	one bag of cat chow
01.01.23	Carmen Danzer	2 bags of clothes
13.01.23	Penta	7 gallons of paint
19.01.23	Liz Mc Douglas	3 bags of art craft
21.01.23	Claudia Barsch	7 books
27.01.23	Annika	bag of non-perishable food
31.01.23	Andrea Borgeo	2 printer cartridges, 4 dog harnesses, 2 dog collars
31.01.23	Gaby Schreiber	One riding helmet
01.02.23	NFM	5 bags of broodmare horse feed 45kg, 2 bags of dog chow 25
06.02.23	Melanie Pile	8 pairs horse boots, 1 toy horse, 200 stickers, 8 silicone peds, 6 permanent markers

Date	Name	In Kind Donation
08.02.23	Andrea Borgeo	healthy goodies
11.02.23	Animal Welfare	Cat chow
11.02.23	Veran Joseph	Healthy snacks (2 boxes)
11.02.23	NFM	2 bags of dog chow
11.02.23	NFM	5 bags of broodmare horse feed
11.02.23	BWH	Rubber mats for stable horses
14.02.23	Sarah Eckert	3 headsets, wristbands for tourists, 3 phones, horse wed cure for hoof
23.02.23	Kemlyn Gourer	2 saddle pads, 2 polo wraps, bandage pad,
27.02.23	Kinske	1 saddle, 1 book, 3 new saddles, 2 new vaulting belts, 2 new pvs horse cavalo shoes, 12 rope halters, 7 cartridges farmer glue
01.03.23	NFM	5 bags of broodmare horse feed 45kg, 2 bags of dog chow 25
02.03.23	Wendy Yawdung	cash donation (\$20.00)
06.03.23	Shaw	Cat food, 3 plain T-shirts
13.03.23	10 books	Sarah Eckert's landlady
28.03.23	Yvonne Johnson	Raibow reigns

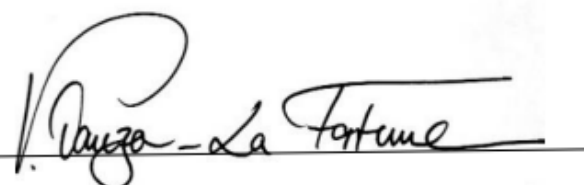
Date	Name	In Kind Donation
28.03.23	Susanne Hirschmann	1 bag of clothes
28.03.23	Usha Persaud	clothes, books, fabric lamps
01.04.23	NFM	5 bags of broodmare horse feed 45kg, 2 bags of dog chow 25
03.04.23	Janice Gransaul	7 pieces of locally designed rings. Designed by Chris Anderson
27.04.23	Carol Dancer	30 tips for glue gun
27.04.23	Usha Persaud	Christmas lights, books, toys, baby carriage, 1 painting
27.04.23	Janice Gransaul	4 new pairs of earrings. Designed by Chris Anderson
01.05.23	NFM	5 bags of broodmare horse feed 45kg, 2 bags of dog chow 25
02.05.23	Katalina Dumas	1 cake
27.06.23	Kemlyn	1 halter, 5 girths
01.07.23	NFM	5 bags of broodmare horse feed 45kg, 2 bags of dog chow 25
06.07.23	Beyond Tobago	11 sachets of coloured pencils
15.0.23	Hannah Anderson	1 bag of dog chow, cat chow, 7 dog leashes and collars, 3 dog toys, 3 dog bowls, dog shampoo, dog dental care, 4 dog chains, flea shampoo.

We at the Healing with Horses Foundation (HWH) deeply appreciate your in-kind donation.

It is only through the kindness and generosity of our friends and sponsors, like yourself, we can continue to provide free programs aimed at empowering the differently abled of the Tobago community.

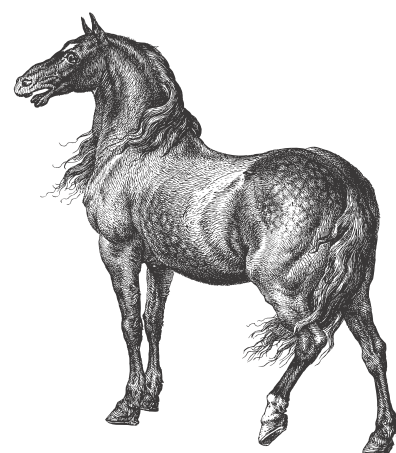
Thank you for your trust and support.

Regards,



Veronika Danzer-La Fortune
Founder/President

On behalf of all Directors of the Healing With Horses Foundation (HWH)



Thank you!





Thank you for your trust and support!!!

Basic BWH Camp & HWH Guidelines

for all at the magical park

1. **If you open it, CLOSE IT!**
2. **If you turn it on, TURN IT OFF!**
3. **If you unlock it, LOCK IT!**
4. **If you break it, REPAIR IT!**
5. **If you can't fix it, CALL IN SOMEONE WHO CAN!**
6. **If you borrow it, RETURN IT!**
7. **If you use it, TAKE CARE OF IT!**
8. **If you make a mess, CLEAN IT UP!**
9. **If you move it, PUT IT BACK!**
10. **If it belongs to someone else, GET PERMISSION TO USE IT!**
11. **If you don't know how to operate it, LEAVE IT ALONE!**
12. **If it doesn't concern you, DON'T MESS WITH IT!**



May the
Horse
be with you!