

ANNUAL REPORT 2024-2025

EMPOWERING LIVES THROUGH THE
**Magic of
Horses & Nature**

PRESENTED BY: VERONIKA DANZER-LAFORTUNE FOUNDER & DIRECTOR





Our Guiding Light

Our Mission.

Creating an integrated, inspiring and safe space in which specially-abled children, adults and animals are empowered to realize their full potential through therapeutic interactions with Nature.

Our Vision

A Harmonious Wave of Healing for all

Welcome to our **2024-2025 Annual Report**. This document outlines the incredible journey and progress of Healing-with-Horses Foundation, highlighting our commitment to creating a harmonious wave of healing for all. Explore the sections below to learn more about our mission, programs, and the community that makes it all possible.

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A YEAR OF IMPACT

Our Story: Nurturing Growth in Buccoo, Tobago

2007

A heartfelt wish • A horse named Jennifer

Veronika Johanna Danzer - La Fortune

Lennon La Fortune

A handful of children

2010

Registered NGO

Healing-with-Horses Foundation



Nestled in the serene locale of **Buccoo, Tobago**, Healing with Horses has become a beacon of joy and inclusion, annually touching the lives of over **200 children and their families**. Our unique programs intricately weave together the therapeutic power of horses with the enriching elements of nature, music, and art. This holistic approach fosters profound healing and personal growth for individuals of all ages and diverse abilities.

Every single day, we witness incredible transformations as children and adults alike discover newfound confidence, unlock their creative potential, and forge deep connections through the unparalleled magic of horses and the unfolding beauty of the natural world. Its a place where dreams take flight on horseback.

Our Foundation Principles

At Healing with Horses (HWH) and Being with Horses (BWH), our work is built upon a set of core values that guide every interaction and program.

These principles ensure a nurturing, effective & sustainable environment for all.

COMPASSION

We treat all people and animals with unwavering kindness and profound respect, fostering an environment of empathy and understanding.

INCLUSION

We warmly welcome individuals of all backgrounds and abilities, celebrating diversity and ensuring everyone feels valued and that they belong.

COMMUNITY

We actively build meaningful connections that span across diverse cultures and generations, strengthening the bonds within our wider family.

STEWARDSHIP

We are dedicated to protecting and caring for our beloved horses, the land we inhabit, and the vital natural environment that sustains us.

EMPOWERMENT

We strive to help every individual discover their innate confidence, unleash their creativity, and recognize their profound self-worth through transformative experiences.

Board of Directors

Veronika Danzer-La Fortune



Founder| Director
Equine Therapist

Lennon La Fortune



Founder| Director
Equine Therapist

Dr. Leah Pouchet



Director | Veterinarian

Kriston Hackett



Director | Pilot

Gennike Mayers



Director | CEO of Interpreting Your Needs



THE HERD



Zimbu



Mr. Divo



King



Mucho Halos



Shawari



Sir Winston



Princess Julie



Golden Sunset



Morning Calm

THE HERD

CONTINUED



Aphrodite



Apollo



Dulce Dama



Cosmo



Lionheart



Kalakunjin

The Heart of Our Foundation: The Herd

Our magnificent horses are not just animals; they are the compassionate, unwavering heart of everything we do at Healing with Horses. Each one is a cherished member of our team, bringing their unique spirit and healing presence to our programs. Most of our horses have been rescued or generously donated, and each carries a remarkable story of resilience and love.



Meet Some of Our Beloved Equine Therapists:

- **Sir Winston** - Our gentle pony, a true favorite, beloved by all our children for his calm and comforting presence.
- **Shawari** - A strong and intuitive leader, incredibly patient with beginners, guiding them with quiet confidence and support.
- **Cosmo** - Energetic and wonderfully playful, thrives in group activities, bringing joy and lively interaction to sessions.
- **Mucho Halos** - Known for her calm and nurturing nature, is perfectly suited for therapy sessions, offering a soothing presence.

Beyond these, our herd includes many other incredible horses, each contributing to the magical healing environment we provide. We believe in showcasing their individual personalities and contributions, as they are integral to the success of our programs.

In Loving Memory of Lionheart

Lionheart was the embodiment of courage and strength. Always leading with quiet dignity, he carried children and adults alike with gentleness and care. His spirit taught us resilience and compassion. He will forever remain the brave heart of our herd. Lionheart, aka ' Hamlet crossed the Rainbow Bridge on the 15th of November 2024



In Loving Memory of King's Council

King held himself with a regal calm that earned him his name. Strong yet tender, he taught us patience, trust, and respect. His presence in the herd was steady and grounding. He leaves behind a legacy of wisdom and quiet grace. Our darling King passed over the Rainbow Bridge on 24th October 2024.



In Loving Memory of Divo

Divo brought joy with his playful spirit and kind eyes. He had a way of making everyone feel welcome, whether in the paddock or at the seaside. His gentle soul reminded us of the beauty of living in the moment. He will be deeply missed. Our Goofy Sweet Guy Mr. Divo crossed the Rainbow Bridge on the 31st March 2025



In Loving Memory of Our Beloved Kalakunjin

Kalakunjin was a free spirit, full of energy and curiosity. Her connection with people was pure and joyful, bringing smiles to all who met her. Though her time with us feels too short, her memory will gallop forever in our hearts.

Our Beloved Kala crossed the Rainbow Bridge on the 15th September 2025



HEALING WITH HORSES

New Arrival - Cosmo

Our newest herdmember, retired officer Jayden #277 joined us on 5th February 2025. He was lovingly escorted from the mounted branch to Scarborough by driver Mr. Wesley and Groom Nyee to Buccoo. A Special Naming Ceremony was done for him on 12th February 2025 during our Fullmoon Bonfire where he was given his new name - Cosmo.

Cosmo formed a bond with Kalakunjin and Mr. Divo and the goats, Merle and Billy.

After the passing of his equine friends he now stays with his new friend Mucho Halos and the kids of Merle - Max & Moritz.

Cosmo is a gentle yet powerful being, always calm and eats like a vacuum. When bonding with him, he teaches to be present with the moment.



STAFF



Akeil Alleyne



Miriam Thom



Sara Eckert Moore



Deborah Peiser



Sunita Jagoo



Miguel



Julian Nichols



Matthew Soo Ting



Jose & Daimarelys

VOLUNTEERS



Jaciya



Jewel Arnold



Ziva Williams



Daniela Louis



Jahiem Nedd



Susanne Hirschmann



Amara Farfan



Emanja Alleyne



Aliyah Urquhart

VOLUNTEERS



Gabriella



Anyia McDougall



Mia Soo Ting



Phedra



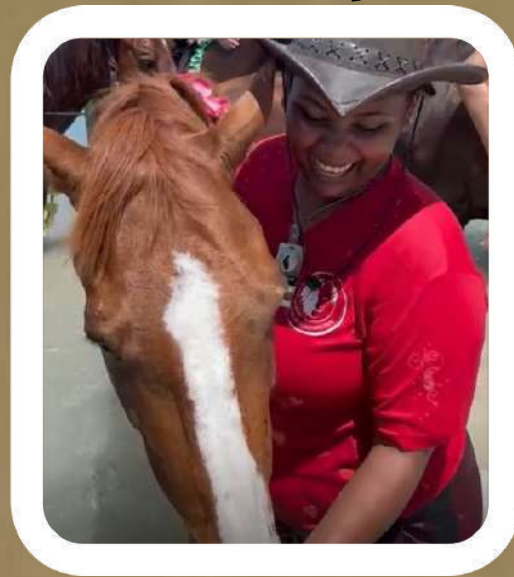
McKeem Baptiste



Diana Lammerts



Melissa Moses



Kalisha



Margherita Sentel

VOLUNTEERS CONTINUED



Annette

Annika Lechner

Armin and Frederick

Bernan and Lesli-Ann Saunders

Caitlin Yarna

Debra

Diego Alfred

Andres, Emanja Alleyne and Torvi

Georgina Richardson

J'von Nunez

Junior Nunez

J'Shon Nunez

Lara Hoefling

Madison Ramdwar

Mina Marie Anglero

Nigel

Petra (Vegan/Vegetarian chef)

Elieth

Marlene and Tom



SUPPORTERS



Christine Chang



Maxime



Cheryl



Brent Cadette



Karen & James



Keron Joseph



Martina, Olga & Janja



Martina Munzinger



Kerry & Chiselle



Giselle Beaubrun



Fareeda Hosein



Pfeffer Family



Rachid Zeaheer



Farley Ferreira



Nacoise



Cindy

SUPPORTERS



Jenny Harting



Kai Alexi



Junior Transport



Usha Persaud



Melissa Singh



Wendy Yawching



Simone Ferreira



Martina Munzinger



**Jaziel Sammy
& Sanaya Jones**



Shari Kylie Balkaran



Jeanine Lethe Crouch



Elspeth Duncan
Venus: Doggess of Love



Dr. Christopher Eick
German Ambassador



Ms. Jessica Daniel



Janice Gransol



Dr. Michael Downs
Veterinarian



**Sarah Jude &
Susanne**



Leslie-Ann Tyson
Children's Authority
Psychologist

SUPPORTERS



Adanna



Genise Dove



David Achong



Mr. Wesley



Supporters



Nancy



Marissa Ramkissoon



**Dr. Danielle Jack-John
Veterinarian**



Benjamin's Home



Terre Bene



**Antonella
The Nest Apartments**



KLM Wings For Animals



Liz Sloper



**Chris
Trini is a Real Place**



Akili



Tara

A Year of Impact: Activities & Fundraising Highlights

Transformative Programs 2024 - 2025:

- **Equine Nature Therapy** - Consistent weekly sessions providing tailored therapeutic interactions for specially-abled children, fostering growth and well-being.
- **Summer Camp** - An engaging program where over 200 children participated in immersive activities including horse care, creative art projects, and enriching nature play, building lasting memories.
- **Carnival Parade 2025** - A vibrant community event where our children and horses proudly celebrated Tobago's rich cultural heritage, showcasing unity and joy.
- **Community Bonfires & Beach Cleanups** - Initiatives that brought local residents together, strengthening community bonds while actively caring for our precious natural environment.



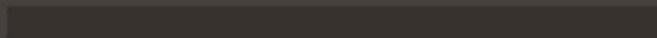
Fueling Our Mission: Fundraising & Support:

The continued success of Healing with Horses Foundation is made possible by the generous support of our partners and donors. Their commitment allows us to expand our reach and deepen our impact within the community.

 Empowering

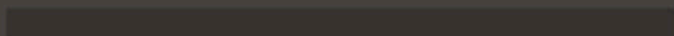
Republic Bank PMAD Grant

Significant funding for program expansion and operational support.

 Robust

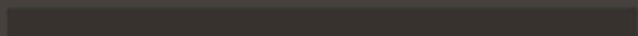
Massy Foundation

Ongoing commitment to our therapeutic initiatives and community outreach.

 Active

Guardian Group SHINE Project

A collaborative effort enhancing our facilities and program offerings.

 Growing

Local Donations & In-Kind Sponsorship

The invaluable contributions from individuals and businesses within our community.



Date Name In Kind Donation

In Kind Donations August 2024 to August 2025		
Date	Name	In Kind Donation
01.08.2024	Sarah Eckert	1 bag of clothes
03.08.2024	Susanne Hirschmann	1 bag of toys
08.08.2024	Simone Clarke	2 bags of clothes
10.08.2024	Sarah Eckert	Clothing 8 books (German)
14.08.2024	Daniella Louis	Fruit juices, shortbread 11
26.08.2024	J. Wong Feed Shop	bags of wheat middling, 2
01.09.2024	National Feed Mill (NFM)	bags of dog chow 1 bag of pet feed, 1 bag of wheat, 1 container of X
09.09.2024	Marissa Ramcisson	1 book, vegetable seeds Art
20.09.2024	Lane Roopnarine	supplies, volunteer time
27.09.2024	Kerri Daniel	for art therapy workshop 2 safety riding vests, 1 horse book, a large bag of cat food
03.10.2024	Mrs Jennifer Christine Catsagne	2 riding safety vests Riding book
05.10.2024	Sarah Eckert	T-shirts, 3 tiny horses, a cellphone, 2 airline pouches, wristbands
07.10.2024	Shelly Ramkison	2 Nu-Stock creams
14.10.2024	Sarah Eckert	Pair of shoes, 3 tops, table cloth, 1 dress
23.10.2024	Daniella Louis	DVD's, 1 bag of clothing
28.10.2024	Daniella Louis	DVD's, Clothing
30.10.2024	Mr. Brathwaite	2 plantain suckers for the Garden
31.10.2024	Inga Lorenzo	1 bag of clothes, pair of shoes



01.11.2024	Animal Welfare	1 bag of cat food 1 bag of
02.11.2024	Animal Welfare	dog chow 9 Twydil Calmin,
03.11.2024	Wings for Animals	Povidone Scrub, Lead ropes, Brushes, Halters, box of Equibactin, Biotin Extra 2500g, Equilite 2kg
08.11.2024	Omela Mattoo	Bag of apples
08.11.2024	Benjamin Home Furnishing	Paint brushes, 1 Gallon of white paint
10.11.2024	Brianna Edwards	1 bag of books
12.11.2024	Wings for Animals	3 packs of hotdogs for dogs, 3 packs of horse supplements, Horse coat, Respiratory support 1000ml, Pulmochron 500ml
16.11.2024	Sarah Eckert	Wristbands
19.11.2024	Grandsul	4 bags of clothes, 1 bag of provisions 18 salt licks, 4 saddles, 2
21.11.2024	Carol Dancer	horse puzzles Thoroughbred horse
27.11.2024	Cousineau, Debbie	magazine 3 rakes
28.11.2024	Antonella	1 bag of clothes Face
29.11.2024	Emanja	painting kit, Christmas Tree
01.12.2024	Lis Sloper	1 bag of cat chow
02.12.2024	Emanja Martina	5 boxes of plasters/bandaids
04.12.2024	Muzinger Roxanne	3 painted fridge magnets
10.12.2024	High Commissioner	1 bag of clothes, cosmetics
18.12.2024	Wings for Animals	supplements



23.12.2024	National Feed Mill (NFM)	1 NFM Hampter 10 broodmare
27.12.2024	NFM for 2025	feed, 2 bags of dog chow
30.12.2024	Sarah Eckart	3 bags of books
02.01.2025	Janelle Sofia	1 container of Bute-Less
09.01.2025	Mesina Beerman	Cinnamon Buns
10.01.2025	Sponsor	Vegetables
15.01.2025	Sponsor	1 calendar, 3 bags of gema aluminum
17.01.2025	Jamie	4 bags of arts & crafts supplies, one bag of books
05.02.2025	Jason Amaroso	100 horse shoes
12.02.2025	Wings for Animals	8 saddle girths, 4 rubber stirrups, 3 brushes, 5 bandages, electronic balance, 1 electrolyte gold, 21 electrolyte boost, 1 lolly lick, 1 glucosamine, 2 concentrated pre & pro-biotic
19.02.2025	Jerisha	Meat
26.02.2025	Polly	11 packs of liver, 1 bute-less
11.03.2025	Ramesars	Fruits, biscuits, cornmeal, 1 watermelon,
21.04.2025	Pepe's	10 small pizzas
23.04.2025	Sponsor	Apples, bananas
10.05.2025	Animal Welfare (TTSPCA)	3 bags of cat food
09.05.2025	Wings for Animals Bakery	Horse supplements
16.05.2025	Bakery Daniella Louis	6 large bread rolls
17.05.2025	Bakery	Pies, Bread, Cookies
27.05.2025		Half barrel



25.07.2025	Andrea & Emanja	1 bag of books
25.07.2025	Catering	Catering for volunteers
30.07.2025	Animal Welfare	1 bag of cat food
08.08.2025	Natika Siugh, Chadee	10 bottles of argan oil
09.08.2025	Sarah	3 ant clear, 12 horse shoes, bag medals, 3 rainbow cloths, 4 hand bands/bracelets
10.08.2025	Wings for Animals	Horse medication
10.08.2025	Sarah	Phone
12.08.2025	Carol Danzer	2 horse clippers



Looking Ahead & Our Heartfelt Gratitude

Future Aspirations (2026):

As we look towards the future, Healing with Horses Foundation is committed to continuous growth and enhanced service. Our key goals for the coming year include:

- **Expand inclusive programs:** Reaching more children and adults with our transformative equine and nature-based therapies.
- **Improve horse care facilities:** Enhancing our paddocks and stables to provide the best environment for our beloved herd.
- **Grow partnerships:** Forging stronger connections with schools, NGOs, and sponsors across Tobago and beyond.
- **Reach more communities:** Extending our healing wave to underserved areas across Tobago, making our programs accessible to all.



A Sincere Thank You:

To all our incredible donors, tireless volunteers, supportive families, and dedicated community stakeholders thank you from the bottom of our hearts. Your generosity, your precious time, and your unwavering love are the foundations that make this profound healing work possible. Together, we continue to build a harmonious wave of healing that touches every life and resonates across our beautiful island.

Contact Us: Phone: +1 (868) 305-2000 | Email: info@healingwithhorses.org
Website: www.healingwithhorses.org | Socials: @HealingWithHorsesTobago

ST. JUDE'S SCHOOL FOR GIRLS

ESTABLISHED 1890

Diego Martin Main Road, Diego Martin

TELEPHONE: 615-4697; 633-6551 E-Mail: stjude1890@gmail.com



August 5th, 2025

Ms. Veronica
Being With Horses
Tobago

Dear Ms. Veronica,

RE: THANK YOU FOR YOUR DONATION

On behalf of the entire community, I am writing to express our **sincere gratitude for your incredibly generous contribution of saddles**. Your donation will significantly enhance our equestrian programs and provide invaluable resources for riders of all ages.

Your thoughtful gift directly addresses a critical need within our community, allowing more individuals to participate in and benefit from horse riding activities. We understand that such contributions require considerable generosity, and your commitment to supporting our shared passion for horses is truly inspiring.

We are particularly excited about the impact these saddles will have on our youth programs. Many aspiring young riders often face barriers to participation due to the cost of equipment. Your donation removes this obstacle, making equestrian sports more accessible and fostering a love for horses in the next generation. This aligns perfectly with our mission to create a supportive and inclusive environment for all community members.

Your dedication and kindness are deeply appreciated by everyone involved, from our instructors and volunteers to the riders themselves. We are truly fortunate to have individuals like you who are willing to invest in the well-being and development of our community.

Thank you once again for your exceptional generosity. We look forward to seeing the positive impact of your contribution for years to come.

Sincerely,

A handwritten signature in blue ink that reads "Deoraj Sookdeo". The signature is written over a dotted line.

Mr. Deoraj Sookdeo
Manager (Ag)



27/08/25

My Experience With The Horses At Tobago.

This was actually my first time touching a horse. There were some nice coloured horses, my favourite horse was Shawari a nice tame bright brown colour. The instructors were talking to us and giving us guidance with the horse. It was a therapy session to me. We walked the horse at the beach shore. I spoke to the horse, took him for a walk in the water. The name of the beach was Bucco Beach. While I was bonding with my horse we walked them back to Magic Love made by different colours which was named after a rainbow.

I would like to give my thanks and appreciation to the person who funded this event for us. I really do like this session and I hope there's many more to come where I would also be invited once again.

Respectfully,

Radica Singh

PRINCIPLES OF BEING AND HEALING WITH HORSES

- 1) The equines live in an open stable with lots of paddock space where they can commune and socialize with the other herd members.
- 2) We look to Mother Nature for the best example. We encourage the natural way of living for the horses and ponies. They are surrounded by trees, a great view, and fresh breeze.
- 3) They have 24-hour access to fresh clean water, grass or hay, and their family members close-by to play and interact freely.
- 4) Happy Horses have Happy Riders. Priority Number One is the balance and the wellbeing of the herd. We check their wellbeing, just like we take care of our own. They need to be comfortable and content.
- 5) Each equine is freely welcomed in our space. It is their choice to come out and meet their Human Team partner. We Humans are requesting permission from the Equines.
- 6) We honor and thank them each moment they choose to share their space with us.
- 7) The horses choose their right team partner. They feel our presence and look into our heart & soul.
- 8) Each individual four-legged friend is appreciated for who they are. Some of the horses are slower, some of them are spirited, some of them are leaders, and some of them are followers.
- 9) Each herd member has their own mind, therefore we learn how to read their body language and their different sound-expressions.
- 10) We encourage everyone to put themselves in the animal's place and treat them as you love to be treated.

PRINCIPLES OF BEING AND HEALING WITH HORSES

11) We work bit-less and bridle-less (no metal bits in the horses' mouths).

12) "Horses do not Judge: They accept us as we are. They love unconditionally."

13) We keep in mind: God made horses and ponies to be just horses and ponies – not to be ridden. We are therefore tremendously grateful for every moment they are willing to work with us.

14) There is no need to control our team partner. They share their passion with us and truly enjoy what they are doing. A GENTLE HAND IS THE KEY. Open your palm and receive their love.

15) The Equines are our greatest Teachers. Horses carry the wisdom of Healing in their hearts and offer it to any human who possesses the humility to listen.



SPECIAL THANKS TO...

- ACHE' ABRAHAM - MISS T&T 2023
- ADANNA TONEY
- ALLISON BONILLA
- AMBER THOMPSON OF FLO THERAPY& WELLNESS
- AMRITA GOSINE
- HONORABLE AYANNA WEBSTER ROY MP
- BERND KRETSCHMAR
- BRIONY VANDEN
- BRUNELLA FALCO
- •BUCCOO VILLAGE COUNCIL
- CARMEN DANZER
- CAROLINE ALEXIS-THOMAS
- CARON GREAVES
- CHIOKE HERBERT
- CLIVE FLETCHER
- COMMUNITY MEMBERS FROM BUCCOO
- CURTIS KERR
- DANIELLA LOIUS-LEISER
- DARIAN RAMOS
- DAVID ACHONG
- DEJA AND RIA MCLETCHIE
- DIANNE HUNT OF LUVIE LIFE
- DIBBY BAYNE
- ELLIS MITCHELL
- ELSPETH DUNCAN - EX- CREATIVE DIRECTOR OF HWH
- EMANJA ALLEYNE
- EMMANUEL STEPHEN
- ASSEMBLYMAN DR. FAITH B. YISREAL - DEPUTY CHIEF SECRETARY THA
- FAMILY BOISELLE
- FAMILY KNOTT
- FAMILY LOUIS
- GABRIELLA MILLS
- GENNIKE MAYERS
- HANNAH ROSE ALFRED
- DR. JANET FERGUSON
- JEAN LIONS
- DR. JENNIFER BAILEY
- JESSICA BENSLEY OF SKYVIEWS MAPS
- JUNIOR TRANSPORT
- JUSTIN DOLLAR
- KODI'S NATURAL TREATS
- LAVAUGHN MARIN
- LET'S GO TT- TANYA MATHURA

- MARGARET HINKSON
- MARK AND JANICE GRANDSOL
- MARK OF EXCELLENCE SCHOOL OF MUSIC
- MAXIMUS NERDICTUS
- MELLISSA LALSINGH -EGUINE DENTIST
- MICHAEL JAWAHIR
- MINISTRY OF HEALTH
- MONICA BABB
- MORGAN AND FINTON
- NAOMI RODRIGUEZ
- DR. NOXY ONOCHIE
- PETRA SCHEMANN
- PHILLIPA TALMA
- • PLAYABLE
- RACHID ZEAHER
- RADICKER CONNELL
- RIA PARIA
- ROBERT YEATES OF EQUILIBRIUM MEDIA
- SAMIE JAYMS
- • SARAH CHOEJOR
- SHENA BALKARAN
- SHEPARD ANDRE WALKER
- SHERI-ANN
- SOPHIE'S PASTRY SHOP
- SUSANNE HIRSCHMANN
- THE TOBAGO HOUSE OF ASSEMBLY
- THE VEGAN VENEZUELAN
- WENDY'S DELCASSE
- YAHWEH FOUNDATION
- YOHANCE WELLINGTON

THANK
YOU

A special thanks to all our volunteers and supporters who we could not mention but could not do without during this year. Your generosity, hard work special talents, caring natures, unwavering patience, kindness, respect and most of all the time and effort you put into this foundation is much appreciated. Though it has been a lot of work, your support and engagement made a difference to the foundation. We look forward to your continued support.

GO FUND ME CAMPAIGN FOR HWH

<https://www.gofundme.com/f/join-healing-with-horses-and-transform-a-life-today>



**...SOME OF OUR CHILDREN WERE TOLD
THEY COULD NEVER LIVE A NORMAL LIFE.**



**...ALL OF OUR HORSES WERE RESCUED -
SOME AFTER LONG LIFE OF HARD RACING**

PRAYERS FOR THE HEALING WITH HORSES COMPOUND

A Three-Step Morning Prayer -by Jose Hobday **First Step:** Plant your feet firmly on the earth. Using your five senses, give thanks to our Creator God for the countless ways God comes to us through creation- for all the beauty that your eyes see, for all the sounds that your ears hear, for all the scents that you smell, the tastes that you taste, for all that you feel (the sun, wind, rain, warm, or cold). Pray this day that you may be open and attuned to the countless ways that our Creator God comes to us through your senses, through the gifts of creation. **Second Step:** Let go of all the pain, struggle, regret, failures, garbage of yesterday - step out of it - leave it behind - brush the dust of it from your feet. **Third Step:** With this third and final step, step into the gift of the new day, full of hope, promise, and potential. Give thanks for the gift of this new day, which God has made! Amen.

Prayer of The Seven Directions - by Jose Hobday **Turn towards the East-** This is where the sun comes up, and so is the direction of new beginnings, hope, promise, and potential. Pray that you may be open to receiving these gifts this day.* (Take a quarter turn to your right.) **Turn SOUTH** - This is the direction of warmth, growth, fertility (!), also known as creativity and productivity. In addition, this direction represents faith, trust, and faithfulness in relationships. Pray for these things this day. **Turn WEST** - This is the direction where the sun goes down. Thus, it is the direction of rest, of our dream lives, and of closure and endings that need to take place in order for there to be new beginnings. Pray for these things this day. **Turn NORTH** - This is the direction of the cold, of winds, of strength, courage, fortitude, might, single-mindedness, focus, clarity and purpose. Pray for these things this day. **Turn back to the EAST** - and turn UPWARD. For Native Americans this is the direction of Father Sky. Pray that your heart, mind, soul, and spirit will not forget to look upward this day, to the One who is so much greater than we are. **Turn DOWNWARD** - and touch our Mother, the earth, if you are able.. Pray that everything you do this day will be in honour and reverence of our Mother Earth. **Turn INWARD-** Place your hand on your heart and pray that all that you do this day will be true to the Spirit of God, the Spirit of Christ, the Holy Spirit who dwells within you. Amen.

Blessing to the horses and caregivers -by Michelle Walker Great Spirit, who made all of Creation, we thank and honour You for the gift of Your presence here, as we stand in the glory of Your works. We thank you for the gift of each other, and the energies and vibrations that brought us to be together in this place. We thank you for the ones that have gone before us, our ancestors, on whose shoulders we all stand. We are thankful and mindful of the First Peoples on whose lands we stand, and the sacrifices that have made it possible for us to be here. Keep us ever mindful that every living being is our brother and sister, be it human, horse, fish, bird or butterfly, because we are, every one of us, the children made by Your hand. May the intentions of our actions be always toward the greater good of all. As we stand in the majestic presence of our Brother and Sister horses, may our deep love extend to each one and surround this sacred place with healing energies and abundant miraculous joy. In the words of the prayer of St Francis of Assisi, who held deep love and respect for all animals: Make me an instrument of Your peace and let this place forever be a place of peace and a habitat for healing. Amen.

ARTICLES

This year the HWH Foundation was featured in various newspapers, magazines and TV segments. We are grateful to all these publications and programs that were interested in learning about and promoting our activities. It has created local and international awareness for our foundation.

LET'S GO TT

TRAVEL WITH A PURPOSE IS...

HEALING WITH HORSES



For far too long the enchantment of the Caribbean has been the sojourn of the rich and famous. Today, expensive long haul travel is replaced by convenient, reliable, frequently connected and direct air routes. The playground for the elite is now accessible to everyone including the visiting Caribbean diaspora. Changing times also dictate the emergence of new types of travelers. The surge in the number of tourists seeking to travel with the purpose of a mindful escape is not fluctuating any time soon. A closer look at Trinidad's idyllic sister isle, Tobago proves this coastal paradise has been a creative muse and a cozy nesting spot for all who seek to heal within. For decades, legendary icons found a retreat in the island of Tobago namely the Italian tenor Luciano Pavarotti and the sage spiritual leader, the Dalai Lama.

Evidently, Tobago has retained its fair share of the expatriate community with many Europeans finding peace of mind in the laid back pace of island life. A yogurt and cheese farm founded by a German expat and Italian pasta galleries have popped up within the isle. However, it is a German horse trainer who has been making waves out of ripples in her community with her integrated equine therapy. She takes in animals regardless of their background giving all of them freedom, love and attention, their birthright to experience before they go over the rainbow bridge is one of the missions of their foundation.

<https://www.gofundme.com/f/join-healing-with-horses-and-transform-a-life-today>





preparing for fire-dance



Annette (equine human therapist)
Here with a child
With down syndrome



📍 Healing with horses



HOW CAN YOU HELP?



AS A VOLUNTEER

If you are willing to spend some time working with horses and specially-abled participants, our E.N.T and after school sessions are there for you! We can provide the necessary hands-on training you need to work with the horses and participants. LionHeart for instance, had therapeutic long walks in the Ocean daily.

If you are a professional, especially in areas of therapy (e.g. ABA Therapy, physiotherapy, speech therapy), horses (equinology, equine vet, trainer, farrier) fundraising, IT, event planning, video and photography we would much appreciate your skills.

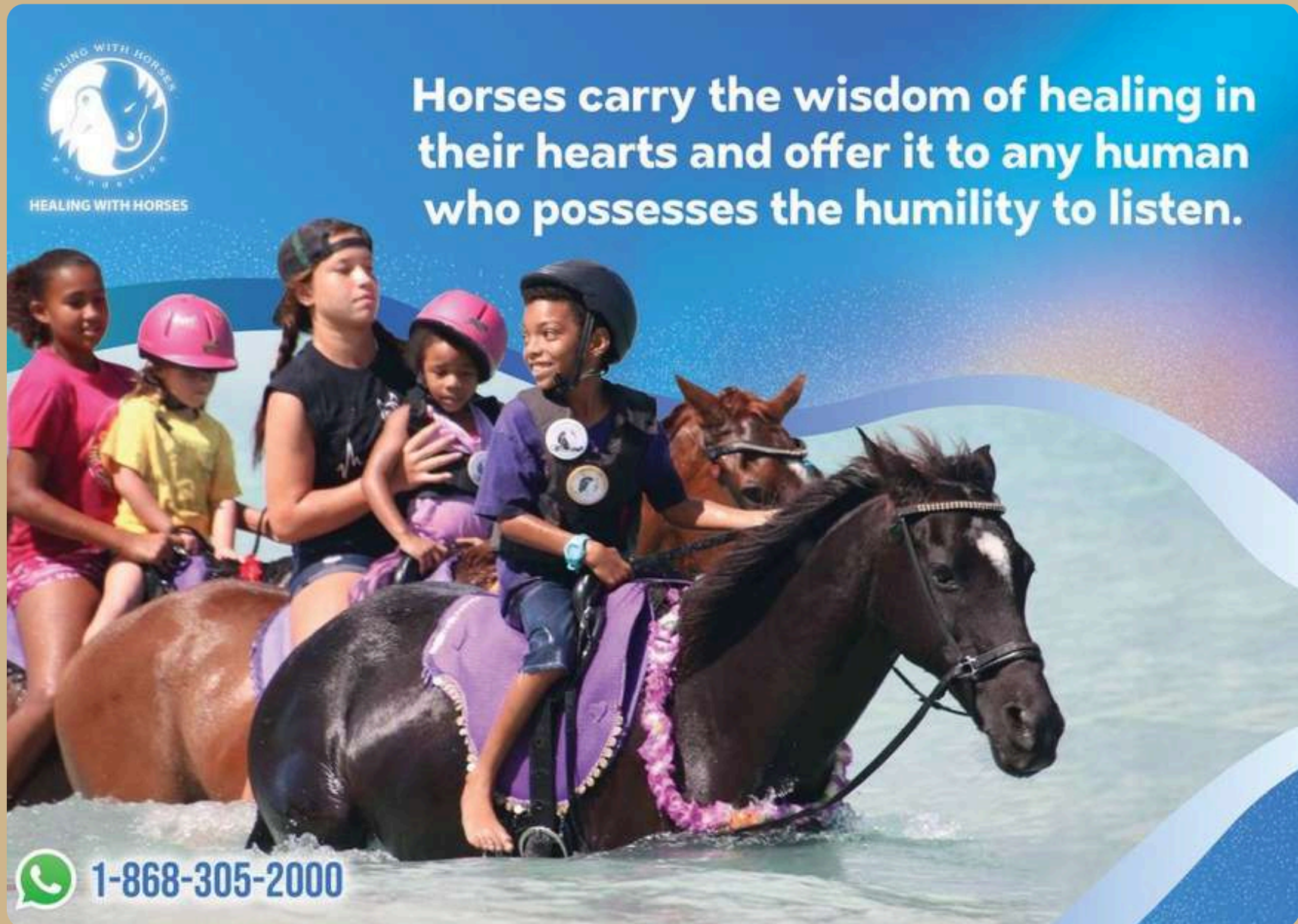
If you do better indoors, the office environment may suit you better. We'll train you in our daily operations such as answering the phone, scheduling sessions and selling memorabilia from the Love and Magic Centre.



AS A DONOR OR SPONSOR

We accept In-Kind donations and money to assist us in our programmes, daily activities, equipment and improving infrastructure. We can provide businesses and organizations with a receipt of the donation, pictures or beneficiaries and or improvements for their use. Consider donating towards our GoFundMe campaign.

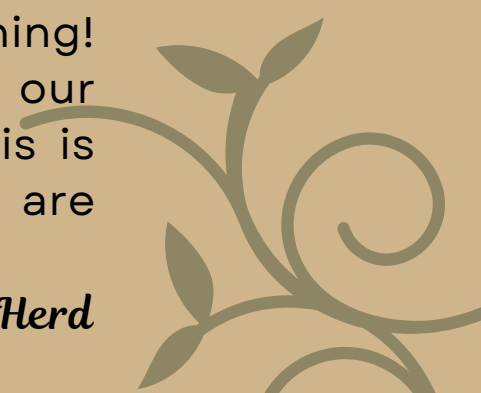
See links in the Additional Information Section below.



**WE THANK MOTHER NATURE AND THE THA FOR THE AMAZING VENUE
IN WHICH HEALING AND BEING WITH HORSES IS ALLOWED TO WORK**

We thank the Universe for the abundant blessings we are receiving each moment. we thank the children and all the wonderful people who unconditionally give their love and energy towards the foundation. the animals and the park are blossoming and shining! We have been able to touch many hearts every day since our inception in 2007. thanking God for His guidance everyday. This is truly rewarding work, a mission and a calling for which we are grateful!

Your Trust and Support is very meaningful to us!- Veronika, Lennon and the Herd



Healing with Horses – A Mother’s Reflection

My daughter Rashida is 3 years old and autistic, and we've been attending Healing with Horses sessions led by Veronica. From the very first visit, I saw something beautiful begin to unfold in Rashida—a sense of calm, curiosity, and connection that’s hard to put into words. Veronica creates a space that is gentle, respectful, and deeply inclusive. As a mother, it means everything to see Rashida welcomed exactly as she is. There’s no pressure to “perform” or fit into a mold. Instead, she’s met with patience, kindness, and understanding. That kind of inclusion is rare, and it’s powerful. Rashida has grown more confident with each session. She reaches out to the horses, watches them with fascination, and even smiles more freely. The sensory experience—the feel of the horse’s coat, the rhythm of movement, the quiet presence—helps her regulate and engage in ways that feel natural and joyful. Healing with Horses isn’t just therapy—it’s a place where my daughter is seen, valued, and supported. And for me, it’s a reminder that healing can happen in the smallest moments: a gentle touch, a shared breath, a quiet connection. I’m deeply grateful to Veronica and the entire team for creating a space where Rashida can thrive.



My Experience at Healing With Horses 2018–2025

" My time at Healing with Horses in Trinidad and Tobago, from 2018 to 2025, was a period of profound transformation. As both a volunteer and a staff member, I had the privilege of working closely with the horses and helping to manage the compound. The most significant lesson I learned was about trust. The bond you build with a horse is built on mutual trust—they learn to trust you with their well-being, and you learn to trust their strength and gentle spirit. This trust extended beyond the stables; it became the foundation for my interactions with people and my own self-confidence. Being there brought a deep sense of peace. The rhythmic sounds of the compound, the quiet moments grooming a horse, and the stillness of the Caribbean air created a sanctuary. In a world that often feels chaotic, this space offered a refuge where I could quiet my mind and simply be present. The most beautiful thing I witnessed was the power of connection. It wasn't just the connection between humans and horses, but the way these animals facilitated a connection between people. Watching a shy child find their voice while talking to a horse or seeing a veteran find solace in a horse's presence was a powerful reminder of our shared need for belonging. These horses became a bridge, connecting people to themselves and to each other. Ultimately, my years at Healing with Horses were a journey of transformation. I arrived with an open heart and left with a renewed sense of purpose. I saw firsthand how these magnificent creatures can heal, not just the body, but the spirit. It was a time of immense personal growth, where I learned to be more patient, compassionate, and resilient. This experience is something I will carry with me forever, a testament to the quiet, powerful magic of healing with horses. Healing with Horses is more than just a sanctuary; it is the greatest place to be. It is a place where you can truly find and center yourself. The environment, a harmonious blend of nature and compassionate souls, helps you feel better from the moment you step onto the compound. It has a special way of drawing children in, sparking their curiosity and helping them develop an interest in the world around them. Through the gentle guidance of the horses, children and adults alike learn to be more self-aware and centered, discovering a peace that is both profound and lasting. It's an experience that not only heals but also inspires, leaving you with a sense of clarity and well-being. "

Ziva

My Experience at Healing With Horses 2015 - 2017

When I moved to Tobago at 22 years old, while I was having the time of my life, loneliness knocked on my door for the first time.

Volunteering at Healing with Horses gave me community, a family away from my family, a home away from my home.

I volunteered 2 hours per week and at the 2 week summer camp 2016. The many art and music sessions with the kids combined with teaching them about caring for the horses spoke to my soul truly.

I connected most with Navajo (I know, I am biased) and I cried when I learned he passed years later.

It's so hard for me to put into words how much my time at Healing with Horses means to me. To begin with, I learned so much of how to connect with kids, especially special needs children, through the empathetic healing power of the horses and I learned a lot about how to care for the horses as well. My emotional capacity expanded. It felt as if my heart grew. It's therapeutic caring for animals. Horses in particular have a way of touching your heart through an almost telepathic connection, unspoken words.

I am forever grateful to Veronika and Lennon for trusting me to join the camp & their family. Everytime I visit I feel as if I am returning home and for 3 years it really was a home for me.

Love Always
Amarali ❤️

Dear Ms.

My experience at Healing with Horses was one to remember. When we arrived where the horses were groomed a horse called morning calm approached me. I was a bit scared but when I took morning calm's bridle, I felt in control. However when we entered the water I almost fell off of morning calm. After when I calmed myself it felt full of relaxation. Overall I would rate the experience 10 of 10 would visit again in the future 100%.

Yours Respectfully
Kimberly Balgobin

Alianna Ali

27.08.25

Horse Back Riding - Healing with horses

My experience during Healing with horses was awesome it helped me calm down, and it helped with my anxiety and fear, I loved walking with the horses and most of all I enjoyed riding the horses in the cold, blue, beach water even tho the horse mashed my foot it's all experience and learning new things, I felt free and alive, I enjoy riding horses, I loved it and I wish I can do it again. That was the first time in a long time I felt genuinely happy, I learned new things like you should let the horse sniff your hand then you can give it a slight pat by it's head but the horses chooses who it wants it's rider to be and I find that that's really cool and I'm glad Apollo choose me, he's really calm, wild, fun, and he's amazing just the spirit and vibes I love

Sincerely

Alianna Ali - Low Risk



Healing-with-Horses Foundation

Join us for a year of community,
connection,
healing adventures, and
meaningful moments
from September 2024 through
June 2025.

Together, we'll create lasting
memories while supporting our
mission of healing through horses.



September 2024

Buccoo Beach Clean-up
 Thursday, September 5th
 Join our monthly beach restoration

Tuesday, September 17th
 FullMoon Bon Fire
 Gather under the harvest moon

Autumn Riding Sessions

Weekends throughout September
 Therapeutic riding adventures

Volunteer Appreciation Day

Saturday, September 28th
 Celebrating our amazing helpers



Healing with horses

With consistent attendance to our EMT sessions their movement becomes more fluid and flexible in everyday life. We hope that provides therapeutic services to differently abled individuals. With consistent attendance to our EMT sessions their movement becomes more fluid and flexible in everyday life. We hope that provides therapeutic services to differently abled individuals.

TODAY AT 3:50 PM
Today !!!Monthly
Beach clean up...
#10-14 Galla Trace,
Buccoo, Tobago,
Trinidad And Tobago



October 2024

Thursday, October 3rd

Beach Clean-up

Morning coastal care

Thursday, October 17th

Hunter's Moon Bon fire

Stories under starlight





November 2024

1

Gratitude Beach Clean-up

Thursday, November 7th - Give back to our beautiful shores while reflecting on all we're thankful for this season

2

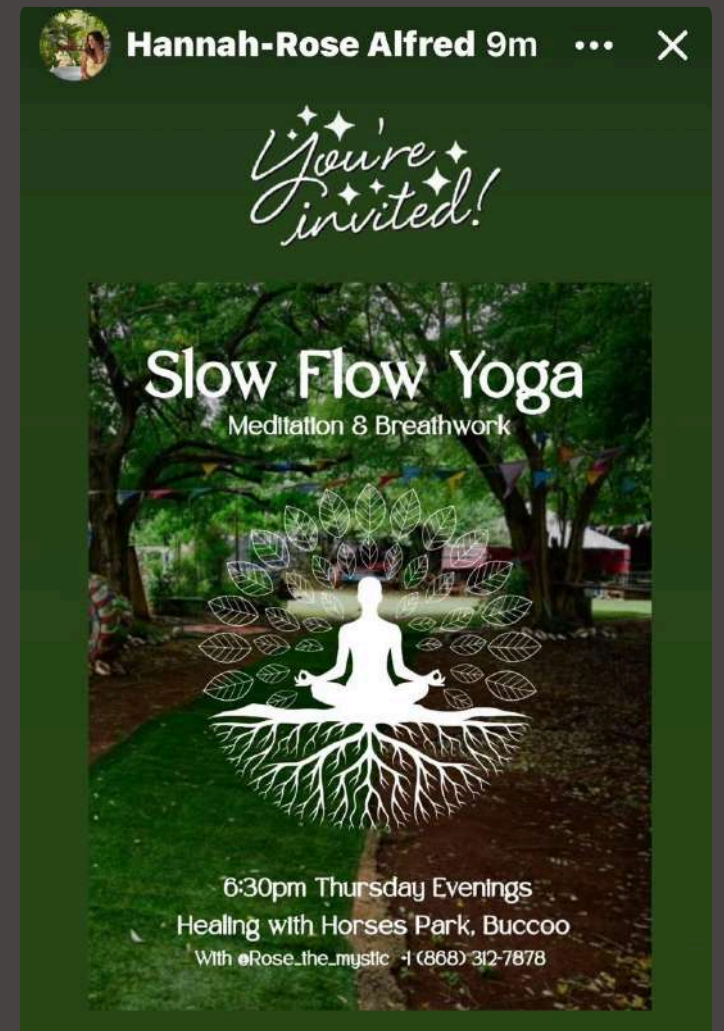
Beaver Moon Bon Fire

Friday, November 15th - Cozy

gathering with hot cocoa, marshmallows, and heartwarming community stories



December 2024



Holiday Beach Clean-up
Thursday, December 5th
Seasonal shore stewardship

Cold Moon Bon Fire
Saturday, December 14th
Winter solstice celebration

Thursday Evening
Yoga Sessions



January 2025

New Year Beach Reset
Thursday, January 2nd
Fresh start for our coastline

Full Moon Bon fire
Monday, January 13th



February 2025

Retired Officer Jayden #277 Arrives

Beach Clean-up - 6th February

Snow Moon Bonfire & Horse Renaming Ceremony -
12th February



WED • 12TH • FEB • 2025

Full Moon Bonfire

& HORSE NAMING CEREMONY

6PM - 9PM

*New Purpose • New Home • New Beginning
a celebration of freedom*

50TTD

Healing-with-Horses Magical Park
Buccoo, Tobago

VENDORS REGISTRATION:
+1868-305-2000



March 2025

Spring Renewal Beach Clean-up

Thursday, March 6th

Welcome spring with coastal care and renewal energy

Worm Moon Bon Fire

Thursday, March 13th

Celebrate new growth under the awakening moon



Galaxy A54 5G

A Fun Educational Program



That is
also
Inclusive

Cavity Free Kids Program coming from the USA.

Tuesday 19/3/24

10 am to 12 noon

- Free oral health educational fun and interactive activities for children of all abilities.
- Parent engagement in conversations about the importance of establishing a solid foundation for having a lifetime of good oral health habits for their family.



Healing with horses

'Children with different abilities have like-minded interests and we are honored to be inclusive.'

Message from the President-elect of the AADMD.



April 2025



Beach Clean-up EarthDay

Thursday, April 3rd
Protect our planet, one shore at a time



Pink Moon Bonfire

Saturday, April 12th
Blossom season celebration



Youth Leadership Camp

April 18-20th
Three days of growth and discovery



May & June 2025

1

May Events

- Beach Clean-up: May 1st
- Flower Moon BonFire: May 12th
- Mother's Day Rides: May 11th
- Memorial Day Tribute: May 26th

2

June Celebration

- Summer Solstice Clean-up: June 5th
- Strawberry Moon Bon Fire: June 11th

"Together we heal, together we grow, together we create magic that lasts a lifetime. Thank you for being part of our Healing with Horses family!"



July & Aug 2025

1

July Events

- Beach Clean Up - May 3rd
- Full Moon Bonfire - May 10th
- Princess July - 31st

2

August Events

- Beach Clean - Aug 7th
- Full Moon - Aug 9th
- 15th Year Anniversary - Aug 27th



Girl POWER



Sharing In The Magic



Cosmo's 1st Beach Walk



"For one to fly one only needs to take the reins" - Melissa James



"A horse is poetry in motion"

