

Healing with Horses Foundation

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Dear Healing with Horses Foundation Team,

Thank you for your continued collaboration with the Children's Authority of Trinidad and Tobago (the Authority). The provision of equine nature therapy and access to outdoor play at the Magical Park, have both brought respite for children who live in care. It has also allowed for the facilitation of exposure to natural environments which has allowed for access to sensory and physical play, relaxation and the facilitation of psycho-educational sessions geared at increasing mindfulness, responsibility and fostering values and pro-social skills within youth.

SKE (Identifier) is a male adolescent who would like to continue sessions at the park. Please note the profile below:

- **Background Information:** Age (13 years 3 months), SKE is currently living in care until a suitable family environment can be found for him.
- **The Voice of the Child:** SKE enjoys art, cricket, caring for the dogs and grooming the horses. He hopes to return to school to complete his education.
- **Developmental Needs:** Nil concerns as it relates to physical health. SKE requires emotional support SKE is in need of remedial education (literacy and numeracy skills). SKE would benefit from continued demonstration of healthy boundaries, access to healthy male models.

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