



ANNUAL REPORT 2025 – 2026

EMPOWERING LIVES THROUGH THE MAGIC OF NATURE & HORSES

PRESENTED BY: VERONIKA DANZER-LA FORTUNE
FOUNDER | PRESIDENT





OUR GUIDING LIGHT

OUR MISSION:

CREATING AN INTEGRATED, INSPIRING AND SAFE SPACE
IN WHICH SPECIALLY-ABLED CHILDREN, ADULTS
AND ANIMALS ARE EMPOWERED TO REALISE THEIR
FULL POTENTIAL THROUGH THERAPEUTIC
INTERACTION WITH NATURE.

OUR VISION:

A Harmonious Wave of Healing for all

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Background & Our Story

Healing with Horses was created in 2010 as a non-profit organisation from a dream by its Founder and Director, Veronika Danzer La Fortune. With one horse rescued from the rain forest and a heart filled with love and hope, Ms. Danzer-La Fortune and her husband Lennon La Fortune created a place for children aged 6-12 from different backgrounds, with varying physical abilities and of different nationalities to come together to enjoy therapy and creative play.

After extremely successful summer camps, we realized the need to expand our activities to include weekly sessions on the grounds of Healing with Horses. We offer various schools and organizations the opportunity to participate in after-school activities, including arts and crafts, music, dance, yoga, nature walks, and gardening, with the exceptional experience of being with horses.

Our healthy herd of gentle rescue horses gives the children a way to experience a strong sense of bonding and affection, along with the physical benefits of strengthening and improved balance from horseback riding. Each child is given the opportunity to ride and spend time grooming and feeding at the stables.



BACKGROUND & OUR STORY

CONTINUED

The children are guided by the teachers and encouraged to be creative and expressive while enjoying being outdoors, surrounded by nature and the sea. We hold yoga classes on the cliff, overlooking the bay, and our gardens border the horse pasture by the sea. Each child enjoys physical activity, which is carefully monitored by the teachers and volunteers.

Veronika Danzer-La Fortune, the Founder of Being with Horses (BWH) and President of the charity organisation the Healing with Horses Foundation (HWH), is an Equine Nature Therapist and Artist.

Along with her partner, Lennon La Fortune, and a team of dedicated volunteers and supporters, she has created integrated, educational community sessions and practical workshops where the participants are invited to express themselves through interactions with nature.

Veronika travelled with a horse musical along the western coast of the USA and throughout several cities all over Europe.

There, she performed, created costumes, and worked with special effects makeup. In 2006, she moved to Tobago, where she met her husband, and BWH and HWH were founded. Since then, HWH has adopted 20 equines. During 2011 – 2017, HWH ran a series of annual camps, designed for children and adolescents with a range of special needs.

These camps were hugely successful and were supported by local and international interns and therapists from all over the globe. Since 2009, HWH has continued to offer free Equine Nature Therapy and programs aimed at improving the lives of those with special needs and supporting the Buccoo community. Many of the projects offered by HWH make use of natural and recycled materials, mindful of the surrounding area, with the aim of environmental protection. In 2015, Veronika wrote and published a book about her life and the development of BWH and HWH. Her book is called “Following the call”.

As an International Entrepreneur, she encourages others to believe in the magic and mysticism of serendipity.

In December 2023, the ministry of Germany handed over the highest award for community/ charity work, the Order of Merit, at the magical HWH park through the German ambassador, Dr. Eick.

OUR FOUNDATION PRINCIPLES

At Healing with Horses (HWH) and Being with Horses (BWH), our work is built upon a set of core values that guide every interaction and program.

These principles ensure a nurturing, effective & sustainable environment for all.

1.COMPASSION

We treat all people and animals with unwavering kindness and profound respect, fostering an environment of empathy and understanding.

2.INCLUSION

We warmly welcome all individuals of all backgrounds and abilities, celebrating diversity and ensuring everyone feels valued and that they belong.

3.COMMUNITY

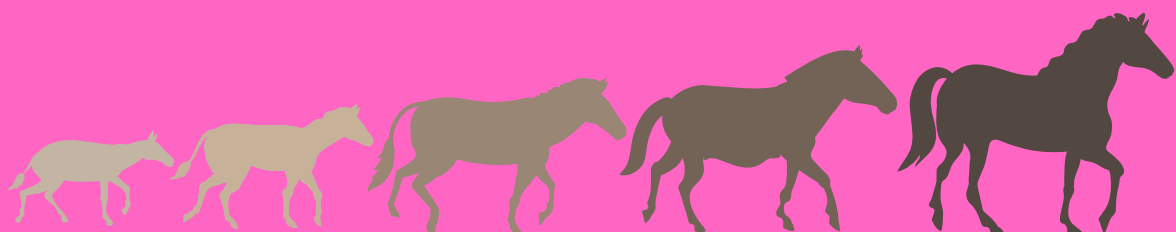
We actively build meaningful connections that span across diverse cultures and generations, strengthening the bond within our wider family.

4.STEWARDSHIP

We are dedicated to protecting and caring for our beloved horses, the land we inhabit, and the vital natural environment that sustains us.

5.EMPOWERMENT

We strive to help every individual discover their innate confidence, unleash their creativity and recognise their profound self-worth through transformative experiences.



PRINCIPLES OF BEING AND HEALING WITH HORSES

1) THE EQUINES LIVE IN AN OPEN STABLE WITH LOTS OF Paddock SPACE WHERE THEY CAN COMMUNE AND SOCIALIZE WITH THE OTHER HERD MEMBERS.

2) WE LOOK TO MOTHER NATURE FOR THE BEST EXAMPLE. WE ENCOURAGE THE NATURAL WAY OF LIVING FOR THE HORSES AND PONIES. THEY ARE SURROUNDED BY TREES, A GREAT VIEW, AND FRESH BREEZE.

3) THEY HAVE 24-HOUR ACCESS TO FRESH CLEAN WATER, GRASS OR HAY, AND THEIR FAMILY MEMBERS CLOSE-BY TO PLAY AND INTERACT FREELY.

4) HAPPY HORSES HAVE HAPPY RIDERS. PRIORITY NUMBER ONE IS THE BALANCE AND THE WELLBEING OF THE HERD. WE CHECK THEIR WELLBEING, JUST LIKE WE TAKE CARE OF OUR OWN. THEY NEED TO BE COMFORTABLE AND CONTENT.

5) EACH EQUINE IS FREELY WELCOMED IN OUR SPACE. IT IS THEIR CHOICE TO COME OUT AND MEET THEIR HUMAN TEAM PARTNER. WE HUMANS ARE REQUESTING PERMISSION FROM THE EQUINES.

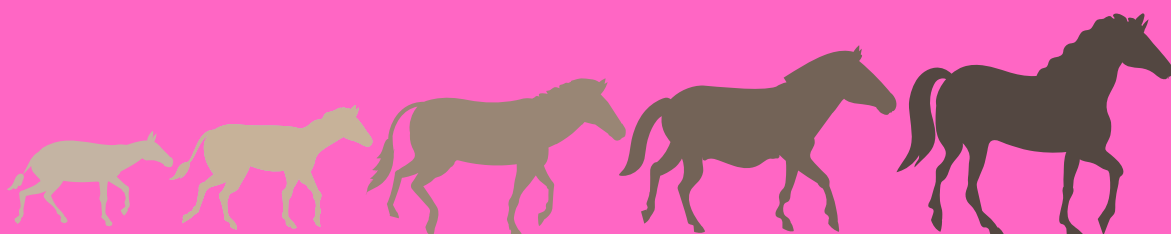
6) WE HONOR AND THANK THEM EACH MOMENT THEY CHOOSE TO SHARE THEIR SPACE WITH US.

7) THE HORSES CHOOSE THEIR RIGHT TEAM PARTNER. THEY FEEL OUR PRESENCE AND LOOK INTO OUR HEART & SOUL.

8) EACH INDIVIDUAL FOUR-LEGGED FRIEND IS APPRECIATED FOR WHO THEY ARE. SOME OF THE HORSES ARE SLOWER, SOME OF THEM ARE SPIRITED, SOME OF THEM ARE LEADERS, AND SOME OF THEM ARE FOLLOWERS.

9) EACH HERD MEMBER HAS THEIR OWN MIND, THEREFORE WE LEARN HOW TO READ THEIR BODY LANGUAGE AND THEIR DIFFERENT SOUND-EXPRESSIONS.

10) WE ENCOURAGE EVERYONE TO PUT THEMSELVES IN THE ANIMAL'S PLACE AND TREAT THEM AS YOU LOVE TO BE TREATED.



PRINCIPLES OF BEING AND HEALING WITH HORSES

11) We work bit-less and bridle-less (no metal bits in the horses' mouths)

12) "Horses do not Judge: They accept us as we are. "They love unconditionally."

13) We keep in mind: God made horses and ponies to be just horses and ponies – not to be ridden. We are therefore tremendously grateful for every moment they are willing to work with us.

14) There is no need to control our team partner. They share their passion with us and truly enjoy what they are doing. A GENTLE HAND IS THE KEY. Open your palm and receive their love.

15) The Equines are our greatest Teachers. Horses carry the wisdom of Healing in their hearts and offer it to any human who possesses the humility to listen.



BOARD OF DIRECTORS



VERONIKA DANZER-LA FORTUNE
CO-FOUNDER



LENNON LA FORTUNE
CO-FOUNDER



DR. LEAH .A. POUCHET
DIRECTOR | VETERINARIAN



KRISTON HACKETT
DIRECTOR | PILOT



GENNIKE MAYERS
DIRECTOR | CEO OF INTERPRETING YOUR NEEDS





THE HERD



SIR WINSTON



SHAWARI



KALAKUNJIN



MORNING CALM



COSMO



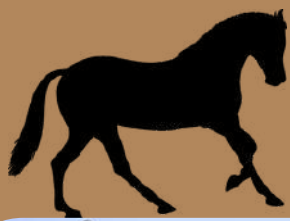
GOLDEN SUNSET



ZIMBU



PRINCESS JULIE



THE HERD

CONTINUED



LIONHEART



DULCE DAMA



APOLLO



APHRODITE



MUCHO HALOS



HEERA



THE HEART OF OUR FOUNDATION: THE HERD

OUR MAGNIFICENT HORSES ARE NOT JUST ANIMALS; THEY ARE THE COMPASSIONATE, UNWAVERING HEART OF EVERYTHING WE DO AT HEALING WITH HORSES. EACH ONE IS A CHERISHED MEMBER OF OUR TEAM, BRINGING THEIR UNIQUE SPIRIT AND HEALING PRESENCE TO OUR PROGRAMS. MOST OF OUR HORSES HAVE BEEN RESCUED OR GENEROUSLY DONATED, AND EACH CARRIES A REMARKABLE STORY OF RESILIENCE AND LOVE.



MEET SOME OF OUR BELOVED EQUINE THERAPISTS:

- **ZIMBU** - HE CAME TO TRINIDAD IN 2009 VIA OCALA, FLORIDA. HE HAS A HISTORY OF DISLIKING WATER ON HIS FACE BUT NOW HE SWIMS WITH THE HERD AS IF HE HAD BEEN BORN IN WATER! HE IS ORIGINALLY FROM SPAIN.
- **SIR WINSTON** -OUR GENTLE PONY, A TRUE FAVORITE, BELOVED BY ALL OUR CHILDREN FOR HIS CALM AND COMFORTING PRESENCE.
- **MORNING CALM** - BORN APRIL 1, 2012 IN TRINIDAD AND TOBAGO, COMES FROM STRONG INTERNATIONAL BLOODLINES. HIS CAREER IN RACING PLACED HIM THIRD IN THE TRINIDAD DERBY, BUT STARTING ISSUES ENDED HIS RACING CAREER IN 2017. KNOWN FOR HIS PLAYFUL, SPIRITED NATURE, HE IS NOW RELAXED AND CAREER FREE AT HWH.

BEYOND THESE, OUR HERD INCLUDES MANY OTHER INCREDIBLE HORSES, EACH CONTRIBUTING TO THE MAGICAL HEALING ENVIRONMENT WE PROVIDE. WE BELIEVE IN SHOWCASING THEIR INDIVIDUAL PERSONALITIES AND CONTRIBUTIONS, AS THEY ARE INTEGRAL TO THE SUCCESS OF OUR PROGRAMS.



NEW HERD MEMBER: ARRIVAL OF HEERA



ARRIVAL DATE: 1ST DECEMBER 2025

HEERA, A 21-YEAR-OLD MARE WHOSE NAME MEANS “DIAMOND,” IS RARE, PRECIOUS, AND ENDURING. BORN IN HOLLAND, SHE SERVED THE TTPS UNTIL DECEMBER 2025. DESPITE HER SIZE, SHE IS GENTLE, LOVING AND WARM.



In loving memory of : Mr. Divo



Mr. Divo brought joy with his playful spirit and kind eyes. He had a way of making everyone feel welcome, whether in the paddock or at the seaside. His gentle soul reminded us of the beauty of living in the moment. He will be deeply missed. Our Goofy Sweet Guy Mr. Divo crossed the Rainbow Bridge on the 31st March 2025



In loving memory of: Lionheart



Lionheart was the embodiment of courage and strength. Always leading with quiet dignity, he carried children and adults alike with gentleness and care. His spirit taught us resilience and compassion. He will forever remain the brave heart of our herd.

Lionheart, aka' Hamlet crossed the Rainbow Bridge on the 15th of November 2024



In Loving Memory of: King's Council



King held himself with a regal calm that earned him his name. Strong yet tender, he taught us patience, trust, and respect. His presence in the herd was steady and grounding.

He leaves behind a legacy of wisdom and quiet grace. Our darling King passed over the Rainbow Bridge on 24th October 2024.



In loving memory of: *Kalakunjin*



KALAKUNJIN WAS A FREE SPIRIT, FULL OF ENERGY AND CURIOSITY. HER CONNECTION WITH PEOPLE WAS PURE AND JOYFUL, BRINGING SMILES TO ALL WHO MET HER.

THOUGH HER TIME WITH US FEELS TOO SHORT, HER MEMORY WILL GALLOP FOREVER IN OUR HEARTS.

OUR BELOVED KALA CROSSED THE RAINBOW BRIDGE ON THE 15TH SEPTEMBER 2025.

WE ALSO TRAGICALLY LOST 2 OF OUR BELOVED DOGS, BELLA AND LOVEY TO POISONING.

WE INTEGRATED THEM INTO OUR ANIMAL ASSISTED THERAPY OVER THE PAST 8 YEARS WERE FOUND DEAD INSIDE THE HWH SANCTUARY IN BUCCOO.

BOTH TEAM MEMBERS HAD MANY FANS WHO WERE DEVASTATED. THE SPECIALLY-ABLED STUDENTS LOOK FORWARD TO MEETING WITH THEM ON A DAILY BASIS.

THEIR PASSINGS WERE 3 DAYS APART ON THE 14TH AND 17TH OF JULY 2026.



STAFF MEMBERS



SARAH ECKERT



TARA



JEANNINE LETHE
CROUCH



MIGUEL MCKIE



JAYON
BRATHWAITE



AYINDE SOLOMON



AKIEL ALLEYNE



MARISSA
BARTHOLOMEW



ROBIN BEHARRY

NEW STAFF - 5TH JUNE 2026



VOLUNTEERS



JACIYA



JEWEL ARNOLD



DANIELA LOUIS



ZIVA



DENISE



SUSANNE
HIRSCHMANN



AMARA FARFAN



ALIYAH URQUHART



JAHIEM NEDD





VOLUNTEERS



MATTHEW



EMANJA ALLEYNE &



ANDRES LOMMATZSCH



LUNA & JEANNE ARLETTE



KERON



SHERRY-ANN



VOLUNTEERS CONTINUED



DAIMARELY & JOSE



GABRIELLA



ASHIKA



MIERIN PERSAD



MCKEEM BAPTISTE



JESS GOERTZEN



MELISSA MOSES



KALISHA



MARGHERITA SENTEL



VOLUNTEER CONTINUED

OTHER VOLUNTEERS:

ANNETTE

ANNIKA LECHNER

ARMIN AND FREDERICK

BERNAN SAUNDERS

LESLI-ANN SAUNDERS

CAITLIN YARNA

DEBRA

DIEGO ALFRED

ANDRES ALLEYNE AND TORVI

GEORGINA RICHARDSON

J'VON NUNEZ

JUNIOR NUNEZ

J'SHON NUNEZ

LARA HOEFLING

MADISON RAMDWAR

MINA MARIE ANGLERO

NIGEL

PETRA

ELIETH

MARLENE AND TOM

SARAH JUDE

SIANNE

ATIBA

ASHLEE



SPECIAL NEEDS WORKER MEMORIAL



CURTIS KERR ALSO KNOWN AS MAGNUM, WAS A SPECIALLY ABLED WORKER AT HWH FOR 15YRS. HE WAS THE RIGHT HAND OF OUR CO-FOUNDER LENNON LA-FORTUNE. HE COULD OFTEN BE FOUND AT THE HEALING WITH HORSES MAGICAL PARK; CUTTING GRASS, CLEANING THE PADDOCKS AND ENGAGING WITH SPECIALLY ABLED CHILDREN, HE WAS ALWAYS READY TO WORK OR ASSIST WHERE NEEDED.

HE WAS LOVED BY ALL, SO MUCH THAT HIS DEPARTURE CAUSED A GREAT SORROW TO THE COMMUNITY, LENNON AND THE HEALING WITH HORSES TEAM.

HE PASSED IN APRIL 2026.

REST IN PEACE MR. KERR, GONE BUT NEVER FORGOTTEN.

Interns

FROM FEBRUARY 2026 TO JULY 2026 WE HAD 2 GERMAN INTERNS, LENA AND NANCY WHO SUPPORTED WITH OUR INTEGRATED SESSIONS, BONFIRES, BEACH CLEAN UPS AND MUCH MORE!

NANCY & LENA CELEBRATED THEIR BIRTHDAYS DURING THEIR TIME WITH US.

WE ARE VERY GRATEFUL FOR THEIR SUPPORT WHILE THEY INTERNED WITH US.



SUPPORTERS



JENNY HARTING



KAI
ALEXI



JUNIOR TRANSPORT



USHA PERSAUD



MELISSA SINGH



WENDY YAWCHING



SIMONE FERREIRA



MARTINA MUNZINGER



JAZIEL SAMMY
& SANAYA JONES



SHARI KYLIE BALKARAN



DIANA LAMMERTS



ELSPETH
DUNCAN



DR. CHRISTOPHER
EICK



MS. JESSICA
DANIEL



JANICE
GRANSOL



DR. MICHAEL
DOWNS



SARAH JUDE
& SUSANNE



LESLIE-ANN
TYSON

SUPPORTERS



ADANNA



GENISE DOVE



CAROL DANCER



MR. WESLEY



SUPPORTERS



NANCY



MARISSA RAMKISSOON



DR. DANIELLE JACK-
JOHN



BENJAMIN'S HOME



TERRE BENE



ANTONELLA



KLM WINGS FOR
ANIMALS



LIZ SLOPER



CHRIS



AKILI



ANDRES LOMMATZSCH

SUPPORTERS



CHRISTINE CHANG



MAXIME



CHERYL



BRENT CADETTE



KAREN & JAMES



KERON JOSEPH



MARTINA, OLGA & JANJA



MARTINA



KERRY & CHISELLE



GISELLE BEAUBRUN



FAREEDA HOSEIN



PFEFFER FAMILY



RACHID
ZEAHER



FARLEY
FERREIRA



NACOISE



CINDY

August & September 2025 events

AUGUST

Aug 9, 2025

Blind welfare association from Trinidad
visiting healing With horses once a month
#visually impaired #blinds



SEPTEMBER

Calendar of Events in September:



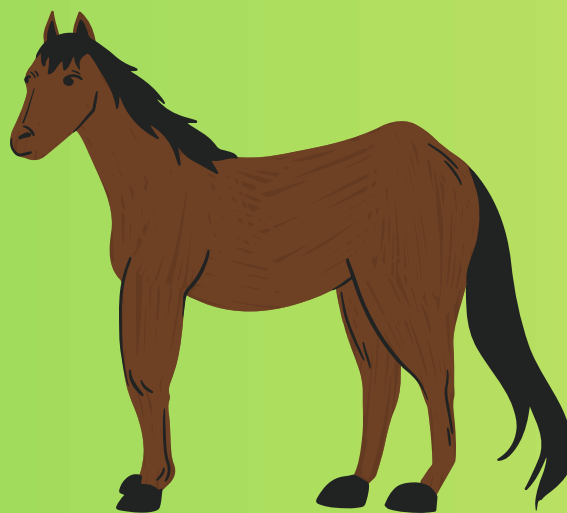
*4th Sept. beach Cleanup
4-5pm buccoo bay*



*2.Sept. Meeting with
assembly man Sonny
Graig @ HQ
12-1pm*

*7th of sept Fullmoon
bonfire celebration
6-9 pm HWH park*

8-22th: Rest.Retreat.Reset.



October & November 2025

Events

November

Digicel Foundation award ceremony



October



October - Halloween event



RBL NGO AWARD CEREMONY



Healing with Horses

Some of the young members of the Healing With Horses Foundation who took part in the Tobago Carnival celebrations.

...brings heart to
Tobago's Carnival

Recreation
REC
Entertainment
Culture

SHASTRI BOODAN

The rhythm of drums, the shimmer of sequins, and the soft clip-clop of hooves filled the air as the Healing with Horses Foundation joined Tobago's Carnival last weekend. From its hillside haven in Buccoo, the non-profit brought a different kind of energy to the celebrations—one where compassion, creativity, and Caribbean spirit danced side by side.

At the centre of it all was founder and CEO Veronika Johanna Danzer-La Fortune, whose passion for empowering young people has guided the foundation's mission for more than a decade.

"This was more than a parade," she said with a smile. "It was part of our youth empowerment programme—a way to integrate, inspire and train young people in leadership, teamwork, horsemanship, and communication."

Each semester, 12 community members embark on Healing with Horses' unique learning journey, gaining confidence and leadership skills through hands-on experiences—both in the stable and in life.

This year's parade carried an international touch. The foundation's youth board members were joined by Dr Jaana Salonsaari, a Finnish celebrity known as a "Carnival hunter" and goodwill ambassador for Caribbean culture. She travelled from Hanka, Finland, to experience the magic of Tobago's Carnival and the harmony between the herd and the island's vibrant festivities.

Adorned in radiant costumes



Jaana Salonsaari, from Hanka, Finland, a goodwill ambassador for all things Carnival, took part in the parade with the Healing With Horses Foundation.

PHOTOS COURTESY HEALING WITH HORSES



A young member of the Healing With Horses Foundation in full Carnival costume on horseback.

designed by Liz's Tropical Designs of Buccoo, the group began their parade from the

foundation's Galla Trace headquarters and made their way to Buccoo Bay, surrounded by



CEO Veronika Johanna Danzer-La Fortune rides out into Buccoo Bay in her costume.

cheers, colour, and the unmistakable rhythm of island life.

Founded in 2010, Healing with Horses began with a dream, a single rescued horse, and a heart full of hope.

Veronika and her husband Lennon La Fortune envisioned a space where children—regardless of ability or background—could connect with animals and nature in a safe, nurturing environment.

That dream has flourished. What began as a small summer camp has grown into a vibrant community programme that welcomes children aged six to 12 from across Tobago. Their days are filled with art, music, dance, yoga, nature walks, and the quiet joy of bonding with horses.

The foundation's herd of

gentle rescues provides a rare kind of therapy—one that heals through touch, movement, and trust. As children groom, feed, and ride, they discover not only balance and strength but also confidence and calm.

Sessions unfold amid the tranquil beauty of Buccoo's coastline. Yoga classes take place on a cliff overlooking the sea, and gardens bloom alongside the pastures. Under the watchful eyes of teachers and volunteers, each activity fosters creativity, physical wellbeing, and emotional growth.

For Veronika and Lennon, the goal remains simple yet profound: to create a space where the mind, body, and spirit can thrive—guided by nature, nurtured by kindness, and inspired by the gentle wisdom of horses.

December & November 2025 EVENTS

Healing With Horses is in Scarborough. Dec 3, 2025 · 🌐

You will find two herd members for this event at the botanical gardens in Scarborough
[@ocs.tha](#) special event historical site tour
[#community](#) service "one hand doesn't clap"



REVISED SCHEDULE

THURSDAY 4 DECEMBER • 2025
 "Ketch de Bus" • Opposite Church's Chicken
 Carrington Street, Scarborough

TOUR TIMES: 9:30 AM | 12:30 PM | 3:30 PM

TICKETS: ONLY TTD \$1.00

AVAILABLE FOR PURCHASE FROM ONE HOUR BEFORE THE SCHEDULED DEPARTURE TIME



< **Healing With Horses's post** 

Healing With Horses is 🥰 feeling blessed. Dec 21, 2025 · 🌐

Monday the 22.12
 Special treat at HWH park 100tttd entrance
 Face painting
 Petting
 Riding
 What's app to register 1-868-305-2000

👍 17 🗨️ ➦ 



Calendar of events
 November 2025 HWH
 📍 Healing With Horses Tobago

WhatsApp
 1-868-305-2000

5th of November
 Fullmoon Bonfire 6-9pm

6th of Nov. Beachcleanup
 Buccoo bay 4-5pm  @cardinalm

20. Nov. Zimbuz 27th BD



Register via WhatsApp
 1-868-305-2000



Beach Cleanup

YOU CAN BE AN ECO HERO, TOO!

REDUCE AND RECYCLE YOUR WASTE. USE REUSABLE PRODUCTS. INCLUDING BAGS. PROTECT YOUR ENVIRONMENT.

Thur 4th Dec
 4pm to 5pm

+1868-639-3558 ext 1401-1404
 f SWMCOL

@buccoo Bay

January & February 2026

Events

January

In house Trauma Therapist
offering C.B.T for specially abled
children



Calendar of Events January 2026

🌟 **1st January** 🌟
Beach Clean Up
📍 Buccoo Bay
4pm - 5pm

Apollo's Birthday Memorial
📍 Buccoo Point
6pm - 6.15pm

🌟 **3rd January** 🌟
Fullmoon Bonfire
📍 Magical Park
6pm - 9pm

WhatsApp
+1868-305-2000
9AM Beach Sessions
Tue - Sat



February

Cosmo with HWH for 1 year!



Calendar 2026



March 2026 events



Healing With Horses welcomes Digicel Trinidad and Tobago Foundation to The Magic Park.

Today we were pleased to welcome Mr. Cudjoe from the Digicel Foundation to Magic Park as part of the Digicel Innovation Challenge for Persons with Disabilities. During the visit, we shared updates on the development of our Accessible Eco-Therapy Park, including the adaptive mounting ramp and the planned sensory garden and sensory path experience, designed to create inclusive nature-based therapy opportunities. This project aims to expand access to equine-assisted experiences for persons with disabilities in Tobago, while also engaging youth in hands-on training and park development.

We are grateful to the Digicel Foundation for supporting this initiative and helping us move closer to a more inclusive and accessible Magic Park.

#HealingWithHorses

#DigicelFoundation

#InclusiveTobago



Calendar of Events

being-with-horses.com **February 2026** HEALING WITH HORSES

5th February 🌟
Beach Clean Up
📍 Buccoo Bay
4pm - 5pm

Tuesdays - Saturdays 🌟
Youth Empowerment Program
📍 9am - 11am

Register at Headquarters:
📞 +1-868-305-2000

23rd - 25th February 🌟
Feldenkrais® On Ground and Horseback 🌟
📍 3pm - 5pm



Calendar of events in March integrated session :

Tues to Sat Daily 9-11am
Special trail swim session
at 9 am ❤️ 1

Register WhatsApp
305-2000

6th of March
Beachcleanup@4pm
📍 Being With Horses , Bucco, Tobago

Rejuvenating walk&soak
daily Tuesday to Sat 10 am
Fullmoon bonfire
celebration 14th 6-9pm
Yoga @ magical park
Thursday 6.30pm

April & May 2026 events



April - Easter parade



April & May 2026 events



April :

- Giveaway of beds & clothes to persons in need

May:

- Colab with Playable Caribbean, empowering and creating a safe space for specially abled persons and having them interact with the horses.



June 2026 events

Sir Winston's 26th birthday & assisting 4 mothers with children's clothing and items also visit to the Prime Minister's office!



July 2026 events

Our new Administrative & Client Services Coordinator Marissa Bartholomew is receiving a donation cheque on behalf of HWH from the Power Generation Company Limited representative, Mr. Ottley.

We at Healing with Horses would like to specially thank Mr and Mrs. Ottley of Powergen for this donation towards the growth and development of the foundation and their support to our mission.

Being with Horses Tobago Healing with Horses
#specialneedscommunity #horseshaven



HEALING WITH HORSES
www.healing-with-horses.org

CALENDAR OF EVENTS JULY
CONNECT • HEAL • INSPIRE

- 1 TUESDAYS TO SATURDAY INTEGRATED SPECIAL TRAIL SWIM SESSIONS**
9 - 11 AM
A unique experience for horse and human – connecting, moving and healing in nature!
Feel the connection, embrace nature.
- 2 24. JULY BEACH CLEAN UP**
4 - 5 PM
Great Prizes! ☆
Let's keep Tobago beautiful together!
LOVE OUR BEACHES
GREAT PRIZES!
- 3 SATURDAY ART AT THE MAGICAL HWH PARK**
3 - 4 PM
Express yourself, get inspired and create in our beautiful nature park.
Create inspire connect
- 4 29. JULY BONFIRE FULLMOON CELEBRATION**
with live artists
6 - 9 PM
Music, fire, community and magic under the full moon!
GOOD VIBES GREAT NIGHT!

REGISTER VIA WHAT'S APP | 1-868-305-2000
We can't wait to welcome you! ♥

August 2026 events



HEALING WITH HORSES
Calendar of Events
AUGUST
HEALING • CONNECTION • NATURE • COMMUNITY

We Offer: Trail Swim Sessions, Park Group Sessions, Retreats & Camps

A Natural Sanctuary by the Bay

THURSDAY AUGUST 13TH
BEACH CLEAN-UP AT BUCCOO BAY
4PM SHARP!
WIN ONE OF THE GREATEST PRIZES!
1ST PRIZE TRAIL/SWIM
2ND PRIZE BEING-WITH-HORSES SESSION
3RD PRIZE PARK ENTRY

TUESDAYS TO SATURDAYS
INTEGRATED EQUINE NATURE THERAPY
9AM – 11AM
Connect. Heal. Grow. Together with Horses.

THURSDAY AUGUST 27TH
HWH 16TH ANNIVERSARY!
16 YEARS
Celebrating 16 Years of Healing, Hope and Horses

EVERY SATURDAY 3PM – 4PM
art@park
CREATIVITY IN NATURE, INSPIRATION IN COMMUNITY

FRIDAY AUGUST 28TH
FULLMOON BONFIRE CELEBRATION
6PM – 9PM
Music • Fire • Stories • Connection Under the Full Moon Magic

SESSIONS TO BOOK ONLINE
www.healing-with-horses.org

REGISTRATION VIA WHATSAPP
305-2000

Be a part of something magical. Be part of the change. ♥



We Offer: Trail Swim Sessions, Park Group Sessions, Retreats & Camps



www.being-with-horses.com
+1 868 639 0953



www.healing-with-horses.org
+1 868 307 3425



CALENDAR OF EVENTS COLLAGE







Buccoo's Healing with Horses wins Digicel inclusion grant

STEPHON NICHOLAS
Tobago Correspondent

At Magic Park in Buccoo, Tobago, inclusivity comes as second nature.

The home for the Healing with Horses Foundation provides an abode for 11 majestic giants, as well as dogs and cats.

The foundation was started in 2010, providing a safe space for children ages six to 12 from various backgrounds and the ability to have fun and be creative.

It later expanded to incorporate equine nature therapy designed for special needs people who get to groom, feed and interact with the animals.

Members of the public can also learn about the foundation and ride the horses through Buccoo and the nearby beach.

The foundation currently employs a number of differently abled people who help upkeep the park.

It came as no surprise that Healing with Horses was named among the six winners of the Digicel Foundation Innovation Challenge.

The winners each received grant funding of up to \$90,000 towards empowering the disabled.

Veronika Danzer LaFortune, who cofounded the foundation with her husband, said she was excited when she heard about the Digicel project.

With the support of Digicel, the three-acre eco park is now fully wheelchair accessible as it has been paved.

The sensory pathway has also been upgraded, providing a safe area where participants can walk barefoot through tyres filled with various materials such as white



Officials from the Digicel Foundation, the Healing with Horses Foundation and the Tobago House of Assembly unveil the new wheelchair accessible eco park at Buccoo. PHOTO BY QUAMINA PAYNE



Healing with Horses Foundation co-founder Veronika Danzer LaFortune leads a walk through the eco park in Buccoo yesterday, alongside Secretary of Community Development and Social Protection Ian Pollard, right. PHOTO BY STEPHON NICHOLAS

sand, cotton, dried leaves, plastic, dirt, sawdust and water.

She said the funding helped upgrade the equine stirrups to make it more comfortable for the differently abled.

Digicel Foundation also provided a stipend for differently abled employees for eight months.

The foundation also has a trailer and mounting ramp to take the horses to the elderly in the community, as well as the schools.

"It is a space that is more than just a land. It is more than just

horses. It is a place of healing and possibilities," she said.

She said interacting with special needs people has many benefits, as it forces people to slow down from the hustle and bustle.

Secretary of Community Development and Social Protection Ian Pollard lauded the initiative and said it was high time the disabled were included in society.

He said one of his relatives is disabled, and he never left her at home. He vowed to open four playparks designed for the dis-

abled during his tenure in office.

"At present, there is no place allotted for these persons. We wanna have a sensory playpark, so even the visually impaired can have access to it. There is no designated space for them to have fun with their family, so most of them are stuck at home. Parents, some of them are either ashamed, it is high time we include them in society, but the only way they can be included is if we provide facilities for them."

The division recently launched a number of community programmes, and Pollard said it was important the disabled be included.

Pollard said the Chief Secretary has also mandated the division hire and include members of the disabled.

Georgina Peterkin, director, Digicel Foundation, said a more inclusive society is critical to society.

"Inclusion is not a box we check, it is a core conviction," she said.

She said the methods to break the barriers faced by the disabled must be as diverse as the disabilities they face.

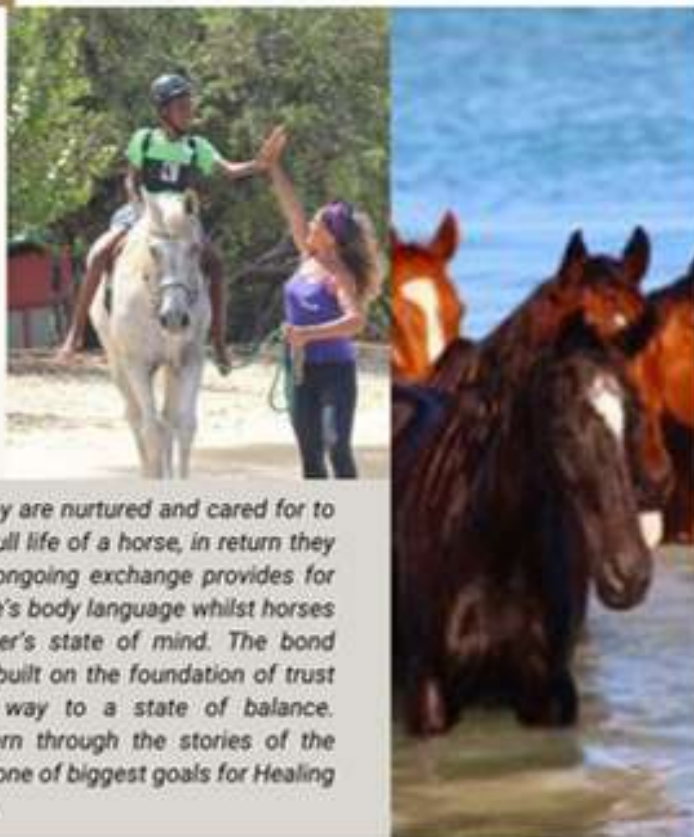
travel with a purpose

Natural Horsemanship



Often, people judge a society by the way they take care of the elderly, the disabled and the children. Veronika Danzer - La Fortune refuses to believe these big responsibilities reside solely with state institutions. She is a German and a horse trainer who fell in love with her Trinidadian beau, Lennon La Fortune who she met in Tobago. They got married and Tobago became their love nest. Undeniably, her love affair did not end there. Veronika embodies this love in her ethos and social cause, Being with Horses and her non-profit organization, Healing with Horses. This social entrepreneur started offering equine therapy for physically disabled children between the ages of 6 -12. Her philosophy in natural horsemanship remains the same; a life lesson in balance that a happy horse will help manifest a happy rider. Her vision at Healing with Horses rejoices in a harmonious wave of healing for all.

This is why it is important to Veronika that her herd of horses maintain the freedom they continue to enjoy by grazing in their corrals and swimming in the ocean together for a considerable part of their day.



These horses are rescue horses, they are nurtured and cared for to ensure they feel loved and live the full life of a horse, in return they are ready to serve their riders. An ongoing exchange provides for teaching the art of learning the horse's body language whilst horses learn to become aware of the rider's state of mind. The bond between the rider and the horse is built on the foundation of trust and together they navigate their way to a state of balance. Participants and invited guests learn through the stories of the animals to be empathetic and that's one of the biggest goals for Healing with Horses in Trinidad and Tobago.

A MAGICAL PLAYGROUND

The psychology of design, its role in the impact of all who interact with designed spaces is not only pertinent but a high priority for the couple. Research in design and psychology have provided findings that reiterate the fact that space holds memory.

This is why careful consideration of planning and the design is key to any space, the intended activities to take place especially those that aim to heal. Veronika's vision for a safe space for differently abled children to heal is manifested today at the Healing with Horses Magical Playground. The grounds feature play stations for the rider and the child. The same passion for natural horsemanship and healing is visible throughout each designated play area. Imagine, a space where a burst of colour in the accoutrements of a rainbow meets every child's dream to be free to play in a safe space.



Neither design aesthetic nor functionality is compromised at the Healing with Horses Magical Playground. Design elements such as sustainability are visible throughout the playground. The Arena, a station of play, consisting of natural materials such as cedar sawdust, soft river bed sand and cut bamboo that factor into the horse and rider's safety. Recyclable materials such as variable sized tires are also used for children's swings. There is a bamboo tree house that also serves as a pirate ship and a see saw built using planks, rope and twine. A concentration on balance and improved coordination skills are provided for through condition training, strength building and the subsequent self confidence boost in an adventurous slackline tied between two trees. Creativity is further enhanced with the greening of spaces. Children learn to cultivate organic produce using recycled bottles and raised garden beds from the organization's own compost. Quiet spaces are mindfully designed in the Dream area; an allocated space outfitted with creative yet harmonic wind chimes constructed from metal pipes. The Labyrinth, The Balanced Triangle and The Climbing Wall are just a few more playstations that cater to psychology in design at Healing with Horses Magical Playground.

TRAVEL WITH A PURPOSE IS...

HEALING WITH HORSES



For far too long the enchantment of the Caribbean has been the sojourn of the rich and famous. Today, expensive long haul travel is replaced by convenient, reliable, frequently connected and direct air routes. The playground for the elite is now accessible to everyone including the visiting Caribbean diaspora. Changing times also dictate the emergence of new types of travelers. The surge in the number of tourists seeking to travel with the purpose of a mindful escape is not fluctuating any time soon. A closer look at Trinidad's idyllic sister isle, Tobago proves this coastal paradise has been a creative muse and a cozy nesting spot for all who seek to heal within. For decades, legendary icons found a retreat in the island of Tobago namely the Italian tenor Luciano Pavarotti and the sage spiritual leader, the Dalai Lama.

Evidently, Tobago has retained its fair share of the expatriate community with many Europeans finding peace of mind in the laid back pace of island life. A yogurt and cheese farm founded by a German expat and Italian pasta galleries have popped up within the isle. However, it is a German horse trainer who has been making waves out of ripples in her community with her integrated equine therapy. We take in animals regardless of their background giving all of them freedom, love and attention, their birthright to experience before they go over the rainbow bridge is one of the mission of our foundation

IN-KIND DONATIONS

AUG 2025-AUG 2026

DATE	DONATION	NAME
27 TH AUGUST 2025	12 CATFOOD & SNACKS	ANDRE P.
27TH AUGUST 2025	JUICES & WATER FOR 15 TH ANNIVERSARY CELEBRATION	KIND DONOR
1 ST SEPTEMBER 2025	20 PALLETS	MORSHEAD SUPERMARKET
1 ST SEPTEMBER 2025	10 PALLETS	UNICOMER
3 RD SEPTEMBER 2025	7 CHAIRS, 2 BOXES OF KITCHENWARE, 1 CLOSET & 20 BOOKS	INGA LORENZ
7 TH SEPTEMBER 2025	3 TABLES & DOGHOUSE	INGA LORENZ
8 TH SEPTEMBER 2025	30 T-SHIRTS & 10 SKIRTS	CARMEN DANZER
10 TH SEPTEMBER 2025	1 BAG OF CAT CHOW 1 HORSEFLY MASK 1 SADDLE GIRDLE COVER	ANIMAL WELFARE

DATE	DONATION	NAME
5 TH NOVEMBER 2025	5 PILLOWS, 15 SHEETS, 16 PILLOWCASES & 1 BATHROOM RUG	SABRINA LITTEE
13TH NOVEMBER 2025	3 BOXES OF PROTECFIX, 2.5L OF HORSE FIRST B- COMPLEX	WINGS FOR ANIMALS
15 TH NOVEMBER 2025	3 SADDLE CLOTHS, LEATHERHEAD COLLAR, HOOF PICKS, THERMOMETRE, PERELLI HEAD COLLAR, BRUSHES, MANE AND TAIL COMBS, HOOF BRUSHES, CURRY COMB, AND HORSE BOOKS	CLAIRE PERCY
19 TH NOVEMBER 2025	9 SUNGLASSES STRAPS	GABY
19 TH & 21 ST NOVEMBER 2025	FRUITS AND GRANOLA	CANDACE
26 TH NOVEMBER 2025	BLACK & WHITE LOGO STICKERS	MELANIE
26 TH NOVEMBER 2025	8 CRATES OF APPLES, 6 BAGS OF CARROTS & 2 HANDS OF BANANAS	ANIMALS ALIVE

DATE	DONATION	NAME
27 TH NOVEMBER, 2025	2 DRESSES	SHERRY ANN
3 RD DECEMBER, 2025	7 PAIRS OF HORSE SHOES, 1 BAG OF MEDALS, 2 BRUSHES, 1 TUB OF GARLIC, 9 UNITS OF GLUE, 1 BAG OF GARLANDS, 3 BIRTHDAY SASHES, 3 SHORT ROPES, 3 LONG ROPES, 1 PURPLE BRIDLE, 1 SOFT CLOTH, 500 WRISTBANDS, HOOF PICK, 1 PAIR OF CROCS, 1 GOLD CUFF, BRACELET, SUNGLASSES, 1 GIRLS TOP, GOLD PANTS, 1 WHITE TOP, AND ONE SUN HAT	SARAH ECKERT
9 TH DECEMBER 2025	4 WOOD GRINDERS	ANTOINETTA



DATE	DONATION	NAME
10 TH DECEMBER 2025	4 BOXES WORM TABLETS, 3 BOXES TICK PROTECT, 4 BOXES OF DOG BISCUITS, 15 PACKETS OF OAT TREATS, 2 PACKS OF NATURAL CAT FOOD, 4 PIECES OF CHICKEN MEAT, PARASITE SPRAY, ELECTROLYTES, PACK OF SUPERLYTE PASTE, ONE PACK OF DOG ORAL CARE, SIX PACK OF SAFETY NEEDLES, B-KALM, 2 BOXES OF SPIZOBECTIN, ONE PACK OF DOG CARPORAL, 1 UNIT OF CHAISEUR DOG DROPS, 10 PACK OF CAT STICK TREATS, ONE CAT-DOG TREAT, ONE JAR OF CALENDULA CREAM, ONE JAR OF IN FOCUS, 1 10K BUCKET OF HORSE FOOD, ONE PACK OF ISOLATION GOWNS, BLUE BEDDING, 6 LEATHER STRAP COLLARS, 5 LONG ANIMAL LEASHES, 3 ANIMAL COLLARS, D- LETTER HORSE'S LEASH, 1 UNIT OF COTTON	WINGS FOR ANIMALS

DATE	DONATION	NAME
10 TH DECEMBER 2025	2 BAGS OF LADIES CLOTHING	IAN MARK
12 TH DECEMBER 2025	2 BAGS CLOTHING	MARK AND JANICE BRANSAL
18 TH DECEMBER 2025	1 PLASTIC CASE, 4 CLOTH POUCHES & 13 FRAMES	KARIN AND JAMES
19 TH DECEMBER 2025	1 BAG OF WOMEN'S CLOTHING, ONE BAG OF BED LINENS, AND ONE BAG OF TOWELS	CARMEN DANZER
20 TH DECEMBER 2025	3 RIDIN BOOKS, 2 HORSE FIGURES., 1 PACK OF BABY BIBS & 1 BOX OF PAMPERS	MARK AND JANICE GRANSAL
22 ND DECEMBER 2025	MIXED CLOTHING AND BRACELET	ANDREA AND AMY
23 RD DECEMBER 2025	CLOTHING	EVY
27 TH DECEMBER 2025	1 BAG OF FEATHERS, 1 BAG OF FABRIC, & 3 CHILDREN'S HATS	LIZ MCDOUGAL



DATE	DONATION	NAME
3 RD JANUARY 2026	APPLES	CANDACE
14 TH JANUARY 2026	4 UNITS OF GLUE FOR HORSESHOES	SARAH ECKART
24 TH JANUARY 2026	2 UNITS OF GLUE & 1 PACK OF	TARA
24 TH JANUARY 2026	6 UNITS OF GLUE,, 4 ROPES AND 1 BALANCE STRAP	SARAH ECKART
26 TH JANUARY 2026	SUSANNE	5 LADIES
4 TH FEBRUARY 2026	KIND DONOR	1 BAG OF CAT FOOD & 1 BAG OF PET RICE
4 TH FEBRUARY 2026	ANIMAL WELFARE	1 BAG OF CAT FOOD
7 TH FEBRUARY 2026	WINGS FOR ANIMALS	2 UNITS OF PAIN RELIEF, 2 UNITS OF ANTIDIARRHEAL, 1 HORSE BLANKET, 10 UNITS OF DOG DEWORMER, 2 UNITS OF DOG ANTIBACTERIAL CREAM & TOY PIG
21 ST FEBRUARY 2026	5 UNITS OF STOCK CREAM, 3 ROPE HALTERS & HEALING CARD SET	CAROL DANCER
24 TH FEBRUARY 2026	PLASTIC FOLDER, 3 PETTY CASH BOOKS, CLEAR SHEETS	EVIE

DATE	DONATION	NAME
6 TH MARCH 2026	4 PAINTINGS	JANICE GRANSAUL
11 TH MARCH 2026	10 PACKS OF DOG TREATS, 1 HORSE BLANKET & 13 UNITS OF DOG, CAT & HORSE MEDICATION	WINGS FOR ANIMALS
14 TH MARCH 2026	2 BAGS OF DOG FOOD	PLANTAIN PARADISE
24 TH MARCH 2026	DONUTS FOR HORSES	ULRIKE
24 TH MARCH 2026	PLANT POT	EVIE
31 ST MARCH 2026	MIXED CLOTHING	SUSANNE
1 ST APRIL 2026	7 BAGS OF CARROTS	JAMES NANCOO
2 ND APRIL 2026	ONE BAG OF CAT FOOD	ANIMAL WELFARE
11 TH APRIL 2026	7 CHERRY TOMATO SEEDLINGS & 1 TRAY OF SUNFLOWER SEEDLINGS	MARLEIS MILNE
14 TH APRIL 2026	3 BAGS OF COW HEELS	SARAH ECKERT
16 TH APRIL 2026	1 BAG OF CAT FOOD	SHARI SALKARA
2 ND JUNE 2026	1 BAG OF MEDICATION	DANIELA LOUIS

DATE	DONATION	NAME
5 TH JUNE 2026	1 BAG OF CAT CHOW & 1 BAG OF DOG CHOW	ANIMAL WELFARE
15 TH JUNE 2026	2 BAGS OF CLOTHING	SAMANTHA GRANSAUL
27 TH JUNE 2026	2 BAGS OF 100 MEDALS, 9 KEY CHAINS, 2 LEAD ROPES, 7 PAIRS OF HORSESHOES, 200 WALKERS NAME TAGS, GLUE, RETREAT WITH HORSES NAME TAGS, TANK TOP, 2 HEART SHADES & 5 STAR SHADES	SARAH
30 TH JUNE 2026	1 SUITCASE OF CLOTHES	GENNIKA MEYERS
3 RD JULY 2026	1 TENT	BRET FROM RADICAL SPORTS
20 TH JULY 2026	OFIICE SUPPLIES & CAT CARRIER	EVY
22 ND JULY 2026	SUITCASE OF MEN'S CLOTHING & SUITCASE	MELISSA
24 TH JULY 2026	7 RIDING HELMETS & 4 SAFETY VESTS	CAROL DANCER
25 TH JULY 2026	6 CARROTS	JAMES NANCOO
28 TH JULY 2026	8 PILLOWS FOR SOFA	INGA LORENZ



DATE	DONATION	NAME
10 TH AUGUST 2026	1 BAG CLOTHING	MIERIN PERSAD
11 TH , 12 TH & 13 TH AUGUST 2026	PIES, OTHER PASTRIES & BREAD	SOPHIA'S BAKERY
15 TH AUGUST 2026	DOG BED	VENUS DOGESS OF LOVE
19 TH AUGUST 2026	PASTRIES	SOPHIA'S BAKERY



TESTIMONIES

27/08/25

My Experience With The Horses At Tobago.

This was actually my first time touching a horse. There were some nice coloured horses, my favourite horse was Shawane a nice tame bright brown colour. The instructors were talking to us and giving us guidance with the horse. It was a therapy session to me. We walked the horse at the beach shore. I spoke to the horse, took him for a walk in the water. The name of the beach was Bucco Beach. While I was bonding with my horse we walked them back to Magic Love made by different colours which was named after a rainbow.

I would like to give my thanks and appreciation to the person who funded this event for us. I really do like this session and I hope there's many more to come where I would also be invited once again.

Respectfully,

Rodica Singh

MY SON AND I WERE FORTUNATE TO BE SURROUNDED BY LOVE, PEACE AND BEING PRESENT IN THE MOMENT WHEN WE ENTERED THE HEALING WITH HORSES COMPOUND AT BUCCOO, TOBAGO 🇹🇩.

FROM THE OUTSIDE, WE FELT THE WARMTH AND WELCOME. WE SAW SHELLS USED AS DECOR TO LINE THE WALLS. WE READ THE NAMES OF THE HORSES PRESENT AND PAST WRITTEN ON WOODEN PLANKS.

WE HAVEN'T YET SEEN NOR INTERACTED WITH THE HORSES YET, BUT THE BUILD UP WAS QUITE IMPRESSIVE.

THE "TAKE YOUR SHOES OFF" SUGGESTED A HOME AWAY FROM HOME. THAT LITTLE HUT WITH ALL OF THE HORSES' MEMORABILIA AND THE CUTE CATS...REMINDS ME OF MY CHILDHOOD DAYS AT MY AUNT'S WOODEN HOUSE.

VERONICA ENTERED WITH A WEALTH OF KNOWLEDGE AND CHARM. SHE KNEW THE HORSES VERY WELL AND EXPLAINED WHAT WE WERE TO EXPECT AND THE HORSES' EXPECTATIONS OF US.

BY THE TIME WE MET THE HORSES, WE FELT LIKE WE ALREADY KNEW THEM.

THE RAIN SHOWERED US WITH BLESSINGS UPON MEETING THESE NOBLE CREATURES.

RETREAT WITH HORSES WAS OUR FIRST EXPERIENCE. THE RIDING WAS ALREADY BOOKED. BUT SPENDING TIME FEEDING THEM MANGOES, WALKING THEM ALONG THE BEACH, TAKING PHOTOS WITH THEM, AND STROKING THEIR BEAUTIFUL HAIR, NECK AND SHOULDERS WAS WORTH MORE THAN ANY RIDE.

WE FELT THE CALMNESS OF DULCE DAMA, THE STRENGTH YET GENTLENESS OF COSMO.

WE LAUGHED AT MR WINSTON OF KENT. HE SURE DIDN'T LIKE THE SEA WATER ON HIS SKIN AND IMMEDIATELY COVERED HIMSELF WITH SAND.

BEING WITH THE HORSES MAKES YOU PRESENT IN THE NOW, TEACHES YOU CALMNESS AND STILLNESS. THEY MIRROR YOUR ENERGY, THEY FEEL IF YOU'RE ANXIOUS, SAD, OVERWHELMED AND MORE, SO IT'S IMPORTANT TO BE AT EASE AROUND THEM.

HEALING WITH HORSES IS EXACTLY AS THE NAME IMPLIES. I WILL DEFINITELY BE RETURNING TO THIS SANCTUARY OF PEACE. MY SON AND I CLEARLY SAW HOW THE HORSES ARE WELL TAKEN CARE OF. WE LOVE HOW LOVED THEY ARE BY VERONICA AND TEAM. I HAVE ALREADY BEEN RECOMMENDING TO MY RELATIVES AND FRIENDS TO GO VISIT VERONICA AND HER TEAM AND THE HORSES.

IT WAS THE BEST BIRTHDAY OF MY 56 YEARS. IT WAS A DREAM COME TRUE FOR ME. I LITERALLY DREAMT KALAKUNJIN...LAST YEAR OUT OF THE BLUE. SHE HAS PASSED SINCE AND I NEVER GOT TO BE WITH HER OR RIDE HER. HOWEVER, BECAUSE OF HER, I HAD TO DO RESEARCH ON WHERE CAN I GO TO BE WITH HORSES AND HEALING WITH HORSES SHOWED UP....JUST WHAT I NEEDED.

THANK YOU TO VERONICA AND TEAM FOR MAKING OUR VISIT SUCH A MEMORABLE ONE. I HOPE TO COME AGAIN SOON TO VOLUNTEER THIS TIME. SINCE OUR LAST VISIT, I HAVE NOT STOPPED THINKING ABOUT THE HORSES.

MAY ALMIGHTY GOD CONTINUE TO BLESS YOU ALL WITH MANY YEARS OF PEACE, LOVE, PROSPERITY AND HAPPINESS. MAY THE HORSES ALWAYS BE A BLESSING AND HEALING TO ALL OF THE FRIENDS WHO ARE FORTUNATE TO BE SURROUNDED BY THEIR PRESENCE.

THANK YOU ALWAYS,
MRS LATTIFA MALLAM AND FAMILY OF TRINIDAD.

MY EXPERIENCE WITH BOTH VOLUNTEERING AND ENGAGING IN SESSIONS HAVE BEEN EXCEPTIONAL. NOT ONLY ARE THE ANIMALS PRECIOUS BUT SO ARE THE WORKERS. THE SECRETARY WAS VERY KING AND PROFESSIONAL,

THE VOLUNTEERS AND ASSISTANTS WERE VERY UNDERSTANDING AND THE ONE AND ONLY LEGENDARY MS. VERONIKA WAS EXCEPTIONAL.

VOLUNTEERING WITH THESE AMAZING PEOPLE AND ANIMALS WAS SO FULFILLING AND A TRULY HEALING EXPERIENCE. I HAVE NOT A SINGLE COMPLAINT ABOUT ANY OF THIS.

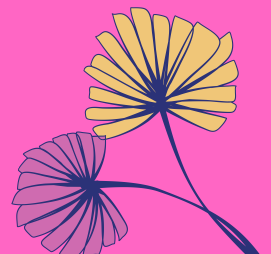
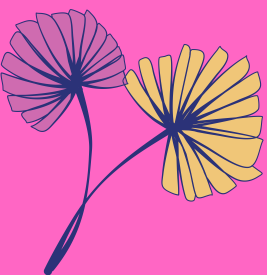
ASHIKA

VOLUNTEER/SPECIAL TRAIL SWIM PARTICIPANT



I'VE SPENT MOST OF MY LIFE NEIGHBORING THE HEALING WITH HORSES FOUNDATION, AND FROM ATTENDING THEIR SUMMER CAMPS TO LEADING THE SWIM TRAIL SESSIONS, IT'S BEEN A TRULY TRANSFORMATIVE JOURNEY. HERE, I WAS ABLE TO LEARN IMPORTANT LIFE SKILLS SUCH AS LEADERSHIP, PATIENCE, TEAMWORK AND INNOVATION. THE HERD (INCLUSIVE OF THE CATS AND DOGS) HAVE BECOME LIKE FAMILY TO ME, AND EVERY TIME I COME BACK TO TOBAGO TO VISIT, I MAKE IT MY DUTY TO DROP BY.

JAHIEM NEDD
VOLUNTEER



ST. JUDE'S SCHOOL FOR GIRLS

ESTABLISHED 1890

Diego Martin Main Road, Diego Martin

TELEPHONE: 613-4697; 633-6551 E-MAIL: stjude1890@gmail.com

August 5th, 2025

Ms. Veronica
Being With Horses
Tobago

Dear Ms. Veronica,

RE: THANK YOU FOR YOUR DONATION

On behalf of the entire community, I am writing to express our **sincere gratitude** for **your incredibly generous contribution of saddles**. Your donation will significantly enhance our equestrian programs and provide invaluable resources for riders of all ages.

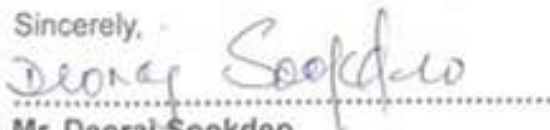
Your thoughtful gift directly addresses a critical need within our community, allowing more individuals to participate in and benefit from horse riding activities. We understand that such contributions require considerable generosity, and your commitment to supporting our shared passion for horses is truly inspiring.

We are particularly excited about the impact these saddles will have on our youth programs. Many aspiring young riders often face barriers to participation due to the cost of equipment. Your donation removes this obstacle, making equestrian sports more accessible and fostering a love for horses in the next generation. This aligns perfectly with our mission to create a supportive and inclusive environment for all community members.

Your dedication and kindness are deeply appreciated by everyone involved, from our instructors and volunteers to the riders themselves. We are truly fortunate to have individuals like you who are willing to invest in the well-being and development of our community.

Thank you once again for your exceptional generosity. We look forward to seeing the positive impact of your contribution for years to come.

Sincerely,



Mr. Deoraj Sookdeo
Manager (Ag)



Dear Ms. Veronica,

I wanted to send my deepest, most sincere gratitude for the magical swimming trail tour my family experienced with you. Your gentle, loving presence, paired with your strength and passion, made a profound impression on all of us. I am especially thankful for the warmth you showed in encouraging my son, Dante who is quadriplegic to join the tremendous effort you, Lennon, Susie, and the entire team put into making that experience possible for him is something I will carry in my heart forever. Seeing your rescued horses living freely in paradise, surrounded by pure love and dignity after everything they have endured, was deeply moving and beautiful to witness.

As an Occupational Therapist, I was touched by your mission and the transformative healing your center provides. Your commitment to the local Tobago community—giving individuals with special needs meaningful work, safety, confidence, and a sense of belonging—speaks volumes about your values. The connection I felt to Tobago and your wonderful organization has truly reignited my passion for my own profession and inspired me to explore ways to support the meaningful haven you have created. Thank you again for giving my family an unforgettable experience wrapped in so much grace, kindness, and love.

Warmly and with deep blessings,

Amanda Raso – Occupational Therapist /Trail Swim Participant

CARING FOR OUR ENVIRONMENT

One of the many ways that we care for our environment each month is through our beach clean up.

Which is held every 1st Thursday of each month!



Healing With Horses Tobago

Caring for our environment!!

#healingwithhorses

#beingwithhorses #trinidadandt...



CARING FOR OUR ENVIRONMENT



The Trinidad and Tobago Solid Waste Management Company (SWMCOL) in collaboration with Healing with Horses Tobago joined forces to clean Buccoo Beach in Tobago. This collaboration takes place on the first Thursday of each month and we invite the public to join us in this noteworthy venture, many thanks go out to members of the community and the tourists who eagerly participated.

A staggering total of 48 bags of garbage were collected from the shorelines of Buccoo Beach, Tobago over the period of July to August 2023. By cleaning the beaches, a significant amount of trash is prevented from entering the ocean. Oftentimes, litter on the beaches ends up in the ocean which leads to a disruption in the ecosystem as numerous forms of marine life are threatened by marine pollution. This collaboration exemplifies both organizations' commitment to Goal 14 of the United Nation's Sustainable Development Goals: Life Below Water and Goal 15: Life on Land.

By uniting with organizations and communities, we can make powerful strides toward improving the health of our planet and ensure a sustainable future for all living beings with whom we share planet Earth. It is against this background, that SWMCOL is inviting other corporate citizens in both Tobago & Trinidad to adopt a community, school, beach, river, park, etc as we work to protect and preserve the environment for future generations.

#SWMCOL #GetIntoGreenWithSWMCOL
#GoGreen #SustainableDevelopmentGoals
#BeEarthDefenders #EarthDefenders
#TrinidadandTobago
#buccoobeachtobago #buccootobago

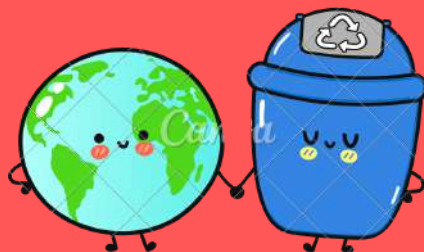


CARING FOR OUR ENVIRONMENT

1st place prize: Special Trail Swim session

2nd place prize: Being with Horses session

3rd place prize: Park visit





HOW CAN YOU HELP?

AS A VOLUNTEER

IF YOU ARE WILLING TO SPEND SOME TIME WORKING WITH HORSES AND SPECIALLY-ABLED PARTICIPANTS, OUR E.N.T AND AFTER SCHOOL SESSIONS ARE THERE FOR YOU! WE CAN PROVIDE THE NECESSARY HANDS-ON TRAINING YOU NEED TO WORK WITH THE HORSES AND PARTICIPANTS. LIONHEART FOR INSTANCE, HAD THERAPEUTIC LONG WALKS IN THE OCEAN DAILY.

IF YOU ARE A PROFESSIONAL, ESPECIALLY IN AREAS OF THERAPY (E.G. ABA THERAPY, PHYSIOTHERAPY, SPEECH THERAPY), HORSES (EQUINOLOGY, EQUINE VET, TRAINER, FARRIER) FUNDRAISING, IT, EVENT PLANNING, VIDEO AND PHOTOGRAPHY WE WOULD MUCH APPRECIATE YOUR SKILLS.

IF YOU DO BETTER INDOORS, THE OFFICE ENVIRONMENT MAY SUIT YOU BETTER. WE'LL TRAIN YOU IN OUR DAILY OPERATIONS SUCH AS ANSWERING THE PHONE, SCHEDULING SESSIONS AND SELLING MEMORABILIA FROM THE LOVE AND MAGIC CENTRE.



HOW CAN YOU HELP?

AS A DONOR OR SPONSOR

WE ACCEPT IN-KIND DONATIONS AND MONEY TO ASSIST US IN OUR PROGRAMMES, DAILY ACTIVITIES, EQUIPMENT AND IMPROVING INFRASTRUCTURE. WE CAN PROVIDE BUSINESSES AND ORGANIZATIONS WITH A RECEIPT OF THE DONATION, PICTURES OR BENEFICIARIES AND OR IMPROVEMENTS FOR THEIR USE. CONSIDER DONATING TOWARDS OUR GOFUNDME CAMPAIGN. SEE LINKS IN THE ADDITIONAL INFORMATION SECTION BELOW.



Looking Ahead & Our Heartfelt Gratitude

Future Aspirations (2026):

As we look towards the future, Healing with Horses Foundation is committed to continuous growth and enhanced service. Our key goals for the coming year include:

Expand inclusive programs:

Reaching more children and adults with our transformative equine and nature-based therapies.

Improve horse care facilities:

Enhancing our paddocks and stables to provide the best environment for our beloved herd.

Grow partnerships:

Forging stronger connections with schools, NGOs, and sponsors across Tobago and beyond.

Reach more communities:

Extending our healing wave to underserved areas across Tobago, making our programs accessible to all.



A Sincere Thank You:

To all our incredible donors, tireless volunteers, supportive families, and dedicated community.

Stakeholders thank you from the bottom of our hearts. Your generosity, your precious time, and your unwavering love are the foundations that make this profound healing work possible. Together, we continue to build a harmonious wave of healing that touches every life and resonates across our beautiful island.

Contact Us: Phone: +1 (868) 305-2000 | Email: info@healingwithhorses.org
Website: www.healingwithhorses.org | Socials: @HealingWithHorsesTobago

Celebration of HEALING WITH HORSES 16TH ANNIVERSARY



On the 27th August 2026 we celebrate 16 years of since the Healing with Horses Foundation started.



GO FUND ME CAMPAIGN FOR HWH

<https://www.gofundme.com/f/join-healing-with-horses-and-transform-a-life-today>



**...SOME OF OUR CHILDREN WERE TOLD
THEY COULD NEVER LIVE A NORMAL LIFE.**



**...ALL OF OUR HORSES WERE RESCUED -
SOME AFTER LONG LIFE OF HARD RACING**

Prayers for the Healing with Horses compound

A THREE-STEP MORNING PRAYER -BY JOSE HOBDAY FIRST STEP: PLANT YOUR FEET FIRMLY ON THE EARTH. USING YOUR FIVE SENSES, GIVE THANKS TO OUR CREATOR GOD FOR THE COUNTLESS WAYS GOD COMES TO US THROUGH CREATION- FOR ALL THE BEAUTY THAT YOUR EYES SEE, FOR ALL THE SOUNDS THAT YOUR EARS HEAR, FOR ALL THE SCENTS THAT YOU SMELL, THE TASTES THAT YOU TASTE, FOR ALL THAT YOU FEEL (THE SUN, WIND, RAIN, WARM, OR COLD). PRAY THIS DAY THAT YOU MAY BE OPEN AND ATTUNED TO THE COUNTLESS WAYS THAT OUR CREATOR GOD COMES TO US THROUGH YOUR SENSES, THROUGH THE GIFTS OF CREATION. SECOND STEP: LET GO OF ALL THE PAIN, STRUGGLE, REGRET, FAILURES, GARBAGE OF YESTERDAY - STEP OUT OF IT - LEAVE IT BEHIND - BRUSH THE DUST OF IT FROM YOUR FEET. THIRD STEP: WITH THIS THIRD AND FINAL STEP, STEP INTO THE GIFT OF THE NEW DAY, FULL OF HOPE, PROMISE, AND POTENTIAL. GIVE THANKS FOR THE GIFT OF THIS NEW DAY, WHICH GOD HAS MADE! AMEN.

BLESSING TO THE HORSES AND CAREGIVERS -BY MICHELLE WALKER GREAT SPIRIT, WHO MADE ALL OF CREATION, WE THANK AND HONOUR YOU FOR THE GIFT OF YOUR PRESENCE HERE, AS WE STAND IN THE GLORY OF YOUR WORKS. WE THANK YOU FOR THE GIFT OF EACH OTHER, AND THE ENERGIES AND VIBRATIONS THAT BROUGHT US TO BE TOGETHER IN THIS PLACE. WE THANK YOU FOR THE ONES THAT HAVE GONE BEFORE US, OUR ANCESTORS, ON WHOSE SHOULDERS WE ALL STAND. WE ARE THANKFUL AND MINDFUL OF THE FIRST PEOPLES ON WHOSE LANDS WE STAND, AND THE SACRIFICES THAT HAVE MADE IT POSSIBLE FOR US TO BE HERE. KEEP US EVER MINDFUL THAT EVERY LIVING BEING IS OUR BROTHER AND SISTER, BE IT HUMAN, HORSE, FISH, BIRD OR BUTTERFLY, BECAUSE WE ARE, EVERY ONE OF US, THE CHILDREN MADE BY YOUR HAND. MAY THE INTENTIONS OF OUR ACTIONS BE ALWAYS TOWARD THE GREATER GOOD OF ALL. AS WE STAND IN THE MAJESTIC PRESENCE OF OUR BROTHER AND SISTER HORSES, MAY OUR DEEP LOVE EXTEND TO EACH ONE AND SURROUND THIS SACRED PLACE WITH HEALING ENERGIES AND ABUNDANT MIRACULOUS JOY. IN THE WORDS OF THE PRAYER OF ST FRANCIS OF ASSISI, WHO HELD DEEP LOVE AND RESPECT FOR ALL ANIMALS: MAKE ME AN INSTRUMENT OF YOUR PEACE AND LET THIS PLACE FOREVER BE A PLACE OF PEACE AND A HABITAT FOR HEALING.

SPECIAL THANKS!

SUPPORTER: CAROL DANCER

Equine Nature Therapy

Healing • Connection • Growth



HEALING WITH HORSES
-TOBAGO-

SAFETY VESTS
and
RIDING HELMETS
GIFTS ARRIVED TODAY!

- Thank you to -
Villa O'Hana Manager

Jason



We honor our supporter
who is a true

animal advocate:

Carol Dancer

from
Massachusetts, USA 



These essential gifts help keep our
participants safe and supported as they
grow in confidence, build connections,
and heal in nature with our horses.

TOGETHER, WE CREATE A SAFER, STRONGER, MORE INCLUSIVE SANCTUARY.

Thank You! ♡

SPECIAL THANKS!

SUPPORTER: SARAH ECKERT



We thank you Sarah for your daily support in our integrated sessions as well as your donations towards sessions and the herd, her many in-kind donations are listed in our in-kind donations table.

SPECIAL THANKS!

SPONSOR: REPUBLIC BANK POWER TO MAKE A DIFFERENCE PROGRAMME

Grant funds supported:

programme delivery, horse feed, veterinary care,
maintenance, utilities, educational materials,
community activities



SPECIAL THANKS!

We would like to specially thank all of our partners and corporate sponsors.

- **ANSA MCAL**
- **ARCELORMITTALCOLFIRE COVERS**
- **BLINK | BMOBILE FOUNDATION**
- **BEYOND BUSINESS**
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- **MINISTRY OF COMMUNITY DEVELOPMENT**
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- **TRINIDAD CEMENT LIMITED**
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- **UNITED WAYS TRINIDAD AND TOBAGO**

Without you we are just a dream!

“THIS ABOVE ALL:
TO THINE OWN SELF BE TRUE”
WILLIAM SHAKESPEARE



"A horse is poetry in motion"

